
RECORDS Club Home Records
LC Meters-Women

3-3	50 Free	2:39.06	25-Feb-84		Joanne Fleming
	50 Back	2:53.58	9-Nov-07		Tara O'Malley
4-4	50 Free	1:07.82	29-Jan-88		Crista Fleming
	50 Back	1:25.69	5-Nov-00		Maddison Carnegie
5-5	50 Free	59.38	13-Feb-04		Emma Ralphs
	100 Free	2:13.08	17-Oct-14		Suzanna Andrews at The Hills Club
	200 Free	4:44.48	31-Oct-14		Suzanna Andrews at The Hills Club
	50 Back	1:05.97	13-Feb-04		Emma Ralphs
	100 Back	2:23.30	17-Oct-14		Suzanna Andrews at The Hills Club
	200 Back	5:32.26	14-Nov-14		Suzanna Andrews at The Hills Club
	50 Breast	1:18.49	11-Oct-02		Maddison Carnegie
	50 Fly	1:17.82	21-Nov-14		Suzanna Andrews at The Hills Club
6-6	50 Free	45.20	1-Jan-70		Joanne Tonner
	100 Free	1:54.65	16-Oct-15		Suzanna Andrews at The Hills Club
	200 Free	3:55.21	27-Nov-15		Suzanna Andrews at The Hills Club
	400 Free	8:52.45	27-Mar-15		Suzanna Andrews at The Hills Club
	50 Back	57.46	6-Nov-15		Suzanna Andrews at The Hills Club
	100 Back	2:06.69	20-Nov-15		Suzanna Andrews at The Hills Club
	200 Back	4:33.11	30-Oct-15		Suzanna Andrews at The Hills Club
	50 Breast	1:07.93	3-Feb-18		Chand Dhatt at 2018 The Hills Swimming U12 Development Meet
	100 Breast	2:20.71	4-Dec-15		Suzanna Andrews at The Hills Club
	50 Fly	1:01.26	27-Nov-15		Suzanna Andrews at The Hills Club
	200 IM	5:04.27	13-Mar-15		Suzanna Andrews at The Hills Club
	7-7	50 Free	39.95	18-Nov-16	
100 Free		1:32.59	11-Nov-16		Suzanna Andrews at The Hills Club
200 Free		3:25.70	30-Sep-16		Suzanna Andrews at The Hills Club
400 Free		6:57.21	31-Jan-03		Gabrielle Ralphs
800 Free		17:51.14	26-Mar-82		Bronwyn Lee
50 Back		49.02	21-Oct-16		Suzanna Andrews at The Hills Club
100 Back		1:40.79	7-Oct-16		Suzanna Andrews at The Hills Club
200 Back		3:34.82	11-Nov-16		Suzanna Andrews at The Hills Club
50 Breast		58.60	21-Feb-03		Gabrielle Ralphs
100 Breast		2:06.87	25-Nov-16		Suzanna Andrews at The Hills Club
200 Breast		4:32.74	14-Feb-03		Gabrielle Ralphs
50 Fly		47.29	21-Oct-16	Ale	Suzanna Andrews at The Hills Club
100 Fly		1:50.07	2-Dec-16		Suzanna Andrews at The Hills Club
200 IM		3:36.56	25-Nov-16		Suzanna Andrews at The Hills Club
8-8		50 Free	35.72	15-Dec-17	
	100 Free	1:20.64	8-Dec-17		Suzanna Andrews at The Hills Club
	200 Free	2:56.59	29-Sep-17		Suzanna Andrews at The Hills Club
	400 Free	6:18.17	20-Oct-17		Suzanna Andrews at The Hills Club
	800 Free	13:12.37	26-Mar-04		Gabrielle Ralphs
	50 Back	40.82	1-Dec-17	THIL	Suzanna Andrews at The Hills Club
	100 Back	1:30.68	3-Nov-17	THIL	Suzanna Andrews at The Hills Club
	200 Back	3:13.72	27-Oct-17	THIL	Suzanna Andrews at The Hills Club
	50 Breast	51.80	10-Nov-17	THIL	Suzanna Andrews at The Hills Club
	100 Breast	1:52.94	30-Nov-01		Kirstie Meertens
	200 Breast	3:52.62	8-Dec-17	THIL	Suzanna Andrews at The Hills Club
	50 Fly	40.54	15-Dec-17	THIL	Suzanna Andrews at The Hills Club

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8-8	100 Fly	1:34.79	22-Sep-17	THIL	Suzanna Andrews at The Hills Club	
	200 IM	3:24.51	10-Nov-17	THIL	Suzanna Andrews at The Hills Club	
	400 IM	7:02.47	17-Nov-17	THIL	Suzanna Andrews at The Hills Club	
9-9	50 Free	32.88	20-May-01		Amy Bannatyne	
	100 Free	1:15.86	23-Nov-18	THIL	Suzanna Andrews at The Hills Club	
	200 Free	2:43.47	26-Oct-18	THIL	Suzanna Andrews at The Hills Club	
	400 Free	5:40.50	19-Oct-18	THIL	Suzanna Andrews at The Hills Club	
	800 Free	12:15.18	15-Oct-04		Gabrielle Ralphs	
	1500 Free	22:41.39	1-Apr-05		Gabrielle Ralphs	
	50 Back	39.49	19-Oct-18	THIL	Suzanna Andrews at The Hills Club	
	100 Back	1:23.10	5-Oct-18	THIL	Suzanna Andrews at The Hills Club	
	200 Back	3:12.09	13-Oct-06		Maddison Carnegie	
	50 Breast	45.10	28-Mar-08		Taylah Pollard-Hughes	
	100 Breast	1:39.13	29-Feb-08		Taylah Pollard-Hughes	
	200 Breast	3:21.26	22-Feb-08		Taylah Pollard-Hughes	
	50 Fly	38.10	20-May-01		Amy Bannatyne	
	100 Fly	1:29.94	9-Jan-15	THIL	Mia Feltham at The Hills Friday Night Week 13 2014	
	200 Fly	3:41.05	3-Dec-04		Gabrielle Ralphs	
	200 IM	3:06.78	20-May-01		Amy Bannatyne	
	400 IM	6:35.71	14-Dec-18	THIL	Suzanna Andrews at The Hills Club	
	10-10	50 Free	30.81	12-May-02		Amy Bannatyne
		100 Free	1:09.41	22-Mar-02		Amy Bannatyne
200 Free		2:38.20	4-Jan-08		Jessica Payne	
400 Free		5:23.16	6-Dec-19	THIL	Suzanna Andrews at The Hills Club	
800 Free		11:02.77	8-Nov-19	THIL	Suzanna Andrews at The Hills Club	
1500 Free		22:47.93	29-Sep-06		Alicia Van Arkel	
50 Back		37.06	22-Mar-02		Amy Bannatyne	
100 Back		1:22.90	11-Jan-02		Amy Bannatyne	
200 Back		2:53.50	18-Oct-19	THIL	Suzanna Andrews at The Hills Club	
50 Breast		41.88	8-Mar-02		Amy Bannatyne	
100 Breast		1:27.85	20-Feb-09		Taylah Pollard-Hughes	
200 Breast		3:15.47	9-Nov-01		Amy Bannatyne	
50 Fly		35.48	14-Mar-14	THIL	Grace Michell at The Hills Club Championships 2014	
100 Fly		1:23.44	23-Nov-01		Amy Bannatyne	
200 Fly		2:54.63	1-Mar-02		Amy Bannatyne	
200 IM		2:52.46	21-Mar-14	THIL	Grace Michell at The Hills Club Championships 2014	
400 IM		6:02.68	27-Mar-09		Taylah Pollard-Hughes	
11-11		50 Free	30.19	7-Mar-03		Amy Bannatyne
		100 Free	1:08.74	22-Oct-04		Kirstie Meertens
	200 Free	2:25.96	13-Dec-02		Amy Bannatyne	
	400 Free	5:14.05	27-Mar-09		Jessica Payne	
	800 Free	10:22.77	8-Nov-02		Amy Bannatyne	
	1500 Free	21:12.79	29-Sep-06		Nicole Vela	
	50 Back	35.88	15-Oct-04		Kirstie Meertens	
	100 Back	1:16.34	5-Nov-04		Kirstie Meertens	
	200 Back	2:44.66	15-Nov-02		Amy Bannatyne	
	50 Breast	40.89	8-Jan-10	THIL	Taylah Pollard-Hughes at Week 12	
	100 Breast	1:28.50	4-Oct-02		Amy Bannatyne	
	200 Breast	3:06.87	25-Oct-02		Amy Bannatyne	
	50 Fly	33.87	12-Mar-10	THIL	Taylah Pollard-Hughes at Club Champs Weeks 1 & 2	
	100 Fly	1:15.84	27-Sep-13	THIL	Kumiko Delaney at The Hills Friday Night Week 1	
	200 Fly	2:47.01	4-Oct-13	THIL	Kumiko Delaney at The Hills Friday Night Week 2	
	200 IM	2:42.92	4-Apr-03		Amy Bannatyne	

RECORDS Club Home Records

11-11	400 IM	5:47.84	18-Oct-02		Amy Bannatyne
12-12	50 Free	29.11	6-Feb-04		Amy Bannatyne
	100 Free	1:02.29	23-Jan-04		Amy Bannatyne
	200 Free	2:25.34	25-Feb-05		Kirstie Meertens
	400 Free	4:49.29	26-Mar-04		Amy Bannatyne
	800 Free	10:07.06	26-Sep-08		Emma Payne
	1500 Free	20:09.50	28-Sep-07		Alison Jalvo
	50 Back	33.67	8-Dec-06		Kirstie Meertens
	100 Back	1:15.75	3-Feb-06		Kirstie Meertens
	200 Back	2:31.93	13-Oct-06		Kirstie Meertens
	50 Breast	39.90	8-Oct-04		Amy Bannatyne
	100 Breast	1:28.70	22-Feb-02		Amy Bannatyne
	200 Breast	3:10.20	12-Feb-17		Estelle Gould at 2017 The Hills Swimming U12 Development Meet
	50 Fly	32.39	* 22-Jan-10		Baylee Forbes at Week 14
	50 Fly	32.39	* 8-Jan-10		Baylee Forbes at Week 12
	100 Fly	1:13.22	10-Oct-14		Kumiko Delaney
	200 Fly	2:42.47	17-Oct-14		Kumiko Delaney
	200 IM	2:35.33	20-Feb-04		Amy Bannatyne
400 IM	5:48.46	4-Apr-08		Emma Payne	
13-13	50 Free	29.08	18-Feb-12		Zoue Sefton at 2012 Castle Hill RSL Dolphins Invitation
	100 Free	1:03.92	1-Mar-24		Sarah Edenborough at The Hills Club Night Wk 15 -16 01/03/24
	200 Free	2:17.03	8-Dec-06		Kirstie Meertens
	400 Free	4:51.86	22-Mar-13		Rebekah Sefton at Long Distance Night 22 March 2013
	800 Free	9:37.67	29-Sep-06		Lauren Ryan
	1500 Free	19:26.39	28-Sep-07		Alison Jalvo
	5000 Free	1:07:20.26	1-Sep-12		Hannah Payne at The Hills 5km Time Trial
	50 Back	32.78	8-Dec-06		Kirstie Meertens
	100 Back	1:11.83	3-Feb-06		Kirstie Meertens
	200 Back	2:29.80	13-Oct-06		Kirstie Meertens
	50 Breast	39.23	8-Oct-04		Alana Seager
	100 Breast	1:23.99	22-Feb-02		Corina Lockyer
	200 Breast	3:00.81	1-Mar-02		Corina Lockyer
	50 Fly	32.31	20-Mar-23		Ella Dickson at The Hills Time Trial Night
	100 Fly	1:11.17	5-Mar-23		Lillian Rota at The Hills 2023 LC Qualifying Meet
	200 Fly	2:36.67	6-Mar-09		Emma Payne
	200 IM	2:36.32	1-Oct-04		Alana Seager
400 IM	5:31.36	8-Feb-13		Rebekah Sefton at The Hills Week 17 - 8 Feb 2013	
14-14	50 Free	28.27	18-Mar-25	THIL	Sarah Edenborough at The Hills Club TTnight 18/03/25
	100 Free	1:02.65	24-Nov-23		Ruby Carter at The Hills Club Night Wk7 24/11/23
	200 Free	2:15.02	16-Feb-24	THIL	Ruby Carter at The Hills Club Night Wk14 16/02/24
	400 Free	4:47.71	26-Mar-10		Emma Payne at Long Distance Night
	800 Free	9:59.34	29-Jan-10		Emma Payne at Week 15
	1500 Free	19:13.78	31-Mar-00		Georgia Smith
	50 Back	32.97	12-Oct-07		Kirstie Meertens
	100 Back	1:10.59	9-Nov-07		Kirstie Meertens
	200 Back	2:30.07	24-Oct-08		Caitlan Wall
	50 Breast	36.90	31-Jan-97		Rebekah Rychvalsky
	100 Breast	1:18.38	8-Oct-99		Ashleigh Borg
	200 Breast	2:47.97	3-Dec-99		Ashleigh Borg
	50 Fly	31.41	22-Jan-10		Emma Payne at
	100 Fly	1:10.85	3-Dec-00		Georgia Smith
	200 Fly	2:34.54	20-Mar-23		Lillian Rota at The Hills Time Trial Night
	200 IM	2:35.20	17-Mar-00		Ashleigh Borg

RECORDS Club Home Records

14-14	400 IM	5:25.59	30-Nov-07		Kirstie Meertens
15-15	50 Free	28.92	3-Oct-08		Kirstie Meertens
	100 Free	1:02.72	3-Mar-24	THIL	Ruby Carter at The Hills 2024 LC Qualifying Meet
	200 Free	2:14.98	3-Mar-24	THIL	Ruby Carter at The Hills 2024 LC Qualifying Meet
	400 Free	4:41.96	3-Mar-24	THIL	Ruby Carter at The Hills 2024 LC Qualifying Meet
	800 Free	9:55.56	30-Mar-01		Georgia Smith
	1500 Free	18:32.80	30-Mar-01		Georgia Smith
	50 Back	32.48	14-Mar-25	THIL	Ella Dickson at The Hills Club Night Wk17 14/03/25
	100 Back	1:10.16	22-Feb-08		Kirstie Meertens
	200 Back	2:30.65	14-Mar-25		Ella Dickson at The Hills Club Night Wk17 14/03/25
	50 Breast	36.37	28-Jul-00		Prudence Brown
	100 Breast	1:17.55	3-Dec-00		Ashleigh Borg
	200 Breast	2:45.90	3-Dec-00		Ashleigh Borg
	50 Fly	31.17	3-Oct-08		Kirstie Meertens
	100 Fly	1:11.41	14-Mar-14	THIL	Zoue Sefton at The Hills Club Championships 2014
	200 Fly	2:34.43	2-Mar-01		Georgia Smith
	200 IM	2:37.55	3-Mar-24	THIL	Suzanna Andrews at The Hills 2024 LC Qualifying Meet
	400 IM	5:16.93	31-Oct-08		Kirstie Meertens
16-16	50 Free	28.80	21-Oct-11	THIL	Emma Payne
	100 Free	1:02.18	17-Mar-00		Anita Rodger
	200 Free	2:15.56	24-Mar-00		Anita Rodger
	400 Free	4:42.22	31-Mar-00		Anita Rodger
	800 Free	10:12.87	8-Nov-02		Georgia Smith
	1500 Free	19:24.45	8-Nov-02		Georgia Smith
	50 Back	32.96	5-Mar-23		Alyssa Hadlow at The Hills 2023 LC Qualifying Meet
	100 Back	1:11.35	2-Mar-25	THIL	Suzanna Andrews at The Hills 2025 LC Qualifying Meet
	200 Back	2:31.11	18-Mar-25	THIL	Suzanna Andrews at The Hills Club Ttnight 18/03/25
	50 Breast	35.22	12-Jan-01		Prudence Brown
	100 Breast	1:15.98	9-Mar-01		Prudence Brown
	200 Breast	2:41.03	2-Mar-01		Prudence Brown
	50 Fly	30.79	3-Mar-24	THIL	Joely Bruce at The Hills 2024 LC Qualifying Meet
	100 Fly	1:09.07	3-Mar-06		Emma Macmillan
	200 Fly	2:28.98	3-Dec-00		Prudence Brown
	200 IM	2:32.51	17-Mar-00		Anita Rodger
	400 IM	5:18.03	30-Mar-01		Prudence Brown
17-29	50 Free	28.39	29-Oct-99		Sacha Keady
	100 Free	1:00.72	6-Nov-99		Sacha Keady
	200 Free	2:17.76	8-Mar-13	THIL	Emma Payne at Club Championships 2013
	400 Free	4:33.69	3-Dec-00		Sacha Keady
	800 Free	9:43.66	22-Mar-13	THIL	Emma Payne at Long Distance Night 22 March 2013
	1500 Free	18:44.55	27-Jan-12	THIL	Alison Jalvo at Week 15 - 27 Jan 2012
	5000 Free	1:05:42.60	1-Sep-12		Alison Jalvo at The Hills 5km Time Trial
	50 Back	32.88	6-Nov-99		Sacha Keady
	100 Back	1:11.13	2-Mar-25	THIL	Laura Lott at The Hills 2025 LC Qualifying Meet
	200 Back	2:26.27	16-Feb-24		Amity Rambow at The Hills Club Night Wk14 16/02/24
	50 Breast	35.09	1-Feb-02		Prudence Brown
	100 Breast	1:14.78	2-Mar-25	THIL	Harper Adams at The Hills 2025 LC Qualifying Meet
	200 Breast	2:43.02	1-Mar-02		Prudence Brown
	50 Fly	30.49	6-Nov-99		Bianca Conwell
	100 Fly	1:08.60	12-Nov-99		Bianca Conwell
	200 Fly	2:34.22	3-Dec-00		Vanessa Bosco
	200 IM	2:32.15	5-Mar-23	THIL	Harper Adams at The Hills 2023 LC Qualifying Meet
	400 IM	5:16.89	31-Oct-08		Alana Seager

RECORDS Club Home Records

30 & O	50 Free	30.62	10-Nov-17	THIL	Jenny Whiteley at The Hills Week 8 Friday Night 2-17/18
	100 Free	1:09.90	27-Oct-17	THIL	Jenny Whiteley at The Hills Week 6 Friday Night
	200 Free	2:34.92	13-Dec-19	THIL	Jenny Whiteley at The Hills Week 14 Friday Night 2019/2020
	400 Free	5:18.46	15-Dec-17	THIL	Jenny Whiteley at The Hills Week 13 Friday Night 2017/18
	800 Free	10:55.89	13-Sep-19	THIL	Jenny Whiteley at The Hills Week 1 Friday Night 2019/2020
	1500 Free	20:56.82	27-Sep-19	THIL NSW	Jenny Whiteley at The Hills Week 3 Friday Night 2019-2020
	50 Back	38.94	25-Oct-02		Terina Rose Jones
	100 Back	1:26.79	25-Oct-19	THIL	Jenny Whiteley at The Hills Week 7 Friday Night 2019/2020
	200 Back	3:29.66	15-Nov-13		Caroline Moeser at The Hills Friday Night Week 8
	50 Breast	40.62	23-Feb-18	THIL	Jenny Whiteley at The Hills Week 19 Friday Night 2017/18
	100 Breast	1:30.13	16-Feb-18	THIL	Jenny Whiteley at The Hills Week 18 Friday Night 2017/18
	200 Breast	3:18.35	2-Feb-18	THIL	Jenny Whiteley at The Hills Week 16 Friday Night 2017/18
	50 Fly	35.02	15-Dec-17	THIL	Jenny Whiteley at The Hills Week 13 Friday Night 2017/18
	100 Fly	1:39.30	24-Jan-20	THIL	Natalie Clarence at The Hills Week 17 Friday Night 2019/2020
	200 IM	2:54.32	22-Feb-19	THIL	Jenny Whiteley at The Hills Week 20 Friday Night 2018/19
	400 IM	7:15.22	27-Mar-15	THIL	Caroline Moeser at The Hills Long Distance Night

RECORDS Club Home Records
LC Meters-Men

4-4	50 Free	1:55.83	9-Mar-79	Andrew Eccleston
5-5	50 Free	1:06.59	21-Feb-14	James Easton
	50 Back	1:25.14	23-Feb-07	Connor Shelley
	50 Breast	1:17.97	9-Feb-07	Connor Shelley
6-6	50 Free	49.80	24-Mar-79	Jayson Westbury
	100 Free	2:13.89	14-Mar-03	Kienan Bear
	50 Back	59.06	14-Feb-25	Mathias Ho
	100 Back	2:19.42	28-Feb-97	Nick Johnson
	50 Breast	1:01.08	15-Feb-08	Connor Shelley
	100 Breast	2:23.32	14-Dec-07	Connor Shelley
	200 Breast	4:48.33	22-Feb-08	Connor Shelley
	50 Fly	1:09.87	8-Feb-08	Connor Shelley
7-7	50 Free	40.80	7-Mar-03	Scott Richards
	100 Free	1:33.10	16-Feb-74	Jayson Westbury
	200 Free	3:53.49	18-Mar-83	Elvio Lopez
	400 Free	7:53.75	18-Mar-83	Evan Taylor
	800 Free	16:51.50	18-Mar-83	Elvio Opez
	50 Back	50.90	16-Feb-74	Kyle Crossling
	100 Back	1:59.88	7-Dec-12	Preston Andrews
	200 Back	4:34.50	6-Feb-98	Nicholas Johnson
	50 Breast	59.80	2-Feb-74	Kyle Crossling
	100 Breast	2:13.99	20-Dec-96	Scott Lear
	200 Breast	4:38.34	8-Dec-06	Nicholas Glasson
	50 Fly	52.84	26-Feb-99	Aaron Martin
	200 IM	4:09.93	12-Mar-99	Aaron Martin
8-8	50 Free	37.11	16-Mar-18	Riyon Mudannayake at Club Championships
	100 Free	1:20.55	23-Mar-18	Riyon Mudannayake at Club Championships
	200 Free	3:03.43	2-Mar-18	Riyon Mudannayake at The Hills Long Distance Friday Night
	400 Free	6:26.19	18-Oct-02	Blake Wigley
	800 Free	14:23.01	21-Mar-86	Jeremy Faulkner
	50 Back	45.19	20-Oct-00	Alex Murray
	100 Back	1:36.75	17-Nov-00	Alex Murray
	200 Back	3:19.38	10-Nov-00	Alex Murray
	50 Breast	47.28	23-Mar-18	Riyon Mudannayake at Club Championships
	100 Breast	1:49.47	28-Jan-00	Tunc Kaplan
	200 Breast	4:17.21	22-Feb-08	Nicholas Glasson
	50 Fly	41.97	1-Oct-99	Tunc Kaplan
	100 Fly	1:36.22	8-Oct-99	Tunc Kaplan
200 IM	3:37.15	3-Feb-18	Riyon Mudannayake at U12 Development Meet	
9-9	50 Free	34.59	10-Feb-89	Thomas Baxter
	100 Free	1:20.14	11-Feb-01	Matthew Hagglund
	200 Free	2:56.88	14-Dec-01	Alex Murray
	400 Free	6:03.22	14-Dec-01	Alex Murray
	800 Free	12:58.80	5-Apr-02	Daniel McRoberts
	1500 Free	27:06.16	27-Mar-98	Nathan Charles
	50 Back	40.83	14-Jan-05	Jeremy-Tunkunas-Scott
	100 Back	1:30.15	18-Feb-05	Jeremy-Tunkunas-Scott
	200 Back	3:08.05	7-Dec-01	Alex Murray
	50 Breast	45.59	28-Sep-18	Riyon Mudannayake

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9-9	100 Breast	1:37.97	28-Sep-18		Riyon Mudannayake	
	200 Breast	3:51.34	8-Feb-02		Tim Henuik	
	50 Fly	39.93	12-Jan-01		Alex Murray	
	100 Fly	1:34.54	2-Nov-01		Alex Murray	
	200 Fly	3:52.09	14-Nov-14		Preston Andrews at The Hills	
	200 IM	3:15.34	9-Nov-01		Alex Murray	
	400 IM	7:24.24	26-Sep-14		Aiden Hawron at The Hills	
10-10	50 Free	32.18	24-Nov-17		Alexander Clarence at The Hills	
	100 Free	1:10.01	3-Feb-18		Alexander Clarence at The Hills U12 Development Meet	
	200 Free	2:38.34	1-Oct-04		Blake Wigley	
	400 Free	5:27.77	22-Oct-04		Blake Wigley	
	800 Free	11:30.72	26-Oct-01		Aaron Carnegie	
	1500 Free	22:13.78	30-Mar-01		Adam Hammonds	
	50 Back	37.76	17-Feb-06		Jeremy Tunkunas-Scott	
	100 Back	1:22.91	19-Oct-01		Aaron Carnegie	
	200 Back	2:55.36	9-Nov-01		Aaron Carnegie	
	50 Breast	43.99	22-Feb-02		Thomas Marcolin	
	100 Breast	1:36.19	5-Jan-07		Ryan Roche	
	200 Breast	3:16.53	5-Jan-07		Ryan Roche	
	50 Fly	36.50	23-Nov-01		Aaron Carnegie	
	100 Fly	1:24.55	8-Oct-04		Blake Wigley	
	200 Fly	3:08.25	8-Feb-02		Aaron Carnegie	
	200 IM	2:58.10	18-Jan-02		Aaron Carnegie	
	400 IM	6:17.99	1-Feb-02		Aaron Carnegie	
	11-11	50 Free	28.80	25-Jan-19	THIL	Alexander Clarence
		100 Free	1:04.37	19-Mar-04		Luke Herzog
200 Free		2:22.16	27-Feb-04		Luke Herzog	
400 Free		4:56.02	26-Mar-04		Luke Herzog	
800 Free		10:56.12	26-Oct-01		Adam Hammonds	
1500 Free		19:59.57	2-Nov-18		Alexander Clarence	
50 Back		35.11	5-Mar-23		Ethan Saunders at The Hills 2023 LC Qualifying Meet	
100 Back		1:16.96	11-Jan-13		Gerhardt Smith	
200 Back		2:41.70	18-Jan-13		Gerhardt Smith	
50 Breast		39.38	24-Nov-23		Jayden Barker at The Hills Club Night Wk7 24/11/23	
100 Breast		1:28.09	13-Oct-23		Jayden Barker at The Hills Club Night Wk2 13/10/23	
200 Breast		3:04.27	24-Nov-23		Jayden Barker at The Hills Club Night Wk7 24/11/23	
50 Fly		32.11	1-Feb-19		Alexander Clarence	
100 Fly		1:16.19	21-Oct-05		Blake Wigley	
200 Fly		2:47.04	7-Oct-05		Blake Wigley	
200 IM		2:43.70	5-Mar-04		Jordan Burden	
400 IM		5:51.73	14-Oct-05		Blake Wigley	
12-12		50 Free	28.54	11-Mar-05		Jordan Burden
		100 Free	1:02.29	18-Mar-05		Jordan Burden
		200 Free	2:17.27	31-Oct-03		Tunc Kaplan
	400 Free	4:43.59	27-Jan-06		Brandon Sibir	
	800 Free	9:45.86	31-Mar-06		Brandon Sibir	
	1500 Free	19:15.94	29-Sep-06		Andrew Payne	
	50 Back	33.27	21-Nov-08		Joshua Skinner	
	100 Back	1:12.08	11-Jan-02		Josh Smith	
	200 Back	2:33.63	8-Feb-02		Josh Smith	
	50 Breast	37.92	29-Mar-19		Kyan Davies Club Championships	
	100 Breast	1:22.15	20-Feb-09		Ryan Tsang	
	200 Breast	2:58.47	6-Mar-09		Ryan Tsang	

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12-12	50 Fly	31.97	8-Feb-02		Josh Smith	
	100 Fly	1:09.06	10-Feb-06		Brandon Sibir	
	200 Fly	2:32.52	3-Feb-06		Brandon Sibir	
	200 IM	2:35.84	15-Mar-02		Josh Smith	
	400 IM	5:28.53	6-Oct-06		Blake Wigley	
13-13	50 Free	27.03	19-Jan-07		Brandon Sibir	
	100 Free	1:00.38	6-Jan-06		Jordan Burden	
	200 Free	2:11.12	2-Feb-07		Brandon Sibir	
	400 Free	4:26.74	6-Oct-06		Brandon Sibir	
	800 Free	9:57.44	31-Mar-00		Liam Mulligan	
	1500 Free	19:08.39	8-Nov-02		Josh Smith	
	5000 Free	1:12:39.69	1-Sep-12		Ryan Wartmann at The Hills 5km Time Trial	
	50 Back	31.51	2-Mar-07		Brandon Sibir	
	100 Back	1:08.86	27-Nov-09		Joshua Skinner	
	200 Back	2:30.44	4-Feb-00		Liam Mulligan	
	50 Breast	35.92	4-Apr-25	THIL	Jayden Barker at The Hills Club Night Wk18 04/04/25	
	100 Breast	1:19.23	23-Mar-07		Brandon Sibir	
	200 Breast	2:53.81	20-Oct-06		Andrew Payne	
	50 Fly	29.17	4-Oct-02		Josh Smith	
	100 Fly	1:05.04	19-Jan-07		Brandon Sibir	
	200 Fly	2:37.25	13-Dec-02		Mitchell Lane	
	200 IM	2:28.46	9-Feb-07		Brandon Sibir	
	400 IM	5:05.16	29-Sep-06		Brandon Sibir	
	14-14	50 Free	25.78	6-Feb-04		Josh Smith
100 Free		56.63	5-Mar-23		William Hopkins at The Hills LC Qualifying Meet	
200 Free		2:07.63	5-Mar-23		William Hopkins at The Hills LC Qualifying Meet	
400 Free		4:34.31	30-Jan-04		Josh Smith	
800 Free		9:24.26	8-Mar-19		Callum Thomas at The Hills Long Distance Friday Night	
1500 Free		17:59.30	18-Jan-19		Callum Thomas at The Hills Week 15 Friday Night 2018/19	
50 Back		30.87	29-Jan-16		Gerhardt Smith at The Hills Friday Night Week 15 2015/16	
100 Back		1:07.03	3-Dec-00		Liam Mulligan	
200 Back		2:21.43	25-Jan-19		Callum Thomas	
50 Breast		34.10	7-Oct-22	THIL	Orlando Lau at The Hills Club Night Wk1 07/10/22	
100 Breast		1:16.09	5-Nov-99		Jonathan Pitt	
200 Breast		2:47.04	14-Jan-00		Jonathan Pitt	
50 Fly		28.26	5-Mar-23	THIL	William Hopkins at The Hills 2023 LC Qualifying Meet	
100 Fly		1:03.89	6-Feb-04		Josh Smith	
200 Fly		2:35.95	2-Jan-15		Jordan Fitzgerald at The Hills Friday Night Week 12 2014	
200 IM		2:24.32	5-Mar-23		William Hopkins at The Hills 2023 LC Qualifying Meet	
400 IM		5:10.18	1-Mar-19		Callum Thomas at The Hills Week 21 Friday Night 2018/19	
15-15		50 Free	25.37	24-Nov-23		William Hopkins at The Hills Club Night Wk7 24/11/23
		100 Free	56.21	3-Mar-24	THIL	William Hopkins at The Hills 2024 LC Qualifying Meet
	200 Free	2:09.49	7-Oct-22	THIL	Daniel Carter at The Hills Club Night Wk1 07/10/22	
	400 Free	4:28.90	6-Oct-06		Aaron Carnegie	
	800 Free	9:22.57	28-Oct-22	THIL	Daniel Carter at The Hills	
	1500 Free	17:48.27	18-Nov-22	THIL	Daniel Carter at The Hills	
	50 Back	30.41	24-Nov-23	THIL	Joshua Hand at The Hills	
	100 Back	1:05.72	3-Nov-23		Joshua Hand	
	200 Back	2:21.17	14-Feb-20		Callum Thomas	
	50 Breast	33.81	16-Feb-24	THIL	William Hopkins at The Hills	
	100 Breast	1:14.15	8-Oct-99		Bora Kaplan	
	200 Breast	2:45.86	15-Nov-02		Blake Denyer	
	50 Fly	27.57	24-Nov-23	THIL	William Hopkins at The Hills Club Night Wk7 24/11/23	

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15-15	100 Fly	1:04.60	29-Jan-16		Jordan Fitzgerald at The Hills Friday Night Week 15 2015/16	
	200 Fly	2:28.87	3-Dec-99		Dane Ashley	
	200 IM	2:23.77	7-Oct-22	THIL	Daniel Carter at The Hills Club Night Wk1 07/10/22	
	400 IM	5:05.59	1-Dec-06		Aaron Carnegie	
16-16	50 Free	24.67	5-Mar-23		Caleb Yago at The Hills 2023 LC Qualifying Meet	
	100 Free	55.22	2-Mar-25		William Hopkins at The Hills 2025 LC Qualifying Meet	
	200 Free	2:00.48	3-Mar-24		Daniel Carter at The Hills 2024 LC Qualifying Meet	
	400 Free	4:16.93	1-Mar-24		Daniel Carter at The Hills	
	800 Free	8:49.96	6-Oct-23		Daniel Carter at The Hills	
	1500 Free	16:46.96	9-Feb-24		Daniel Carter at The Hills	
	50 Back	29.42	14-Mar-25		Blake Scanlan at The Hills Club Night Wk17 14/03/25	
	100 Back	1:04.38	3-Nov-23		Daniel Carter at The Hills	
	200 Back	2:18.32	3-Mar-24		Daniel Carter at The Hills 2024 LC Qualifying Meet	
	50 Breast	33.02	3-Mar-24		Orlando Lau at The Hills 2024 LC Qualifying Meet	
	100 Breast	1:10.89	5-Mar-23		Zhi Yong Phang at The Hills 2023 LC Qualifying Meet	
	200 Breast	2:35.78	5-Mar-23		Zhi Yong Phang at The Hills 2023 LC Qualifying Meet	
	50 Fly	26.15	5-Mar-23		Caleb Yago at The Hills 2023 LC Qualifying Meet	
	100 Fly	1:01.79	19-Mar-04		Darren Vincent	
	200 Fly	2:14.40	3-Nov-23		Daniel Carter at The Hills	
	200 IM	2:17.05	3-Mar-24		Daniel Carter at The Hills 2024 LC Qualifying Meet	
	400 IM	4:51.58	24-Nov-23		Daniel Carter at The Hills	
	17-29	50 Free	23.99	24-Nov-23	THIL	Caleb Yago at The Hills Club Night Wk7 24/11/23
100 Free		54.81	2-Mar-25	THIL	Joshua Hand at The Hills 2025 LC Qualifying Meet	
200 Free		2:00.96	5-Mar-23	THIL	Callum Thomas at The Hills 2023 LC Qualifying Meet	
400 Free		4:16.63	3-Dec-00		Robert Sparshott	
800 Free		8:59.43	25-Oct-24	THIL	Daniel Carter at The Hills Club Night Wk3 25/10/24	
1500 Free		16:20.24	14-Feb-25	THIL	Daniel Carter at The Hills Club Night Wk15 14/02/25	
50 Back		28.22	3-Mar-24	THIL	Caleb Yago at The Hills 2024 LC Qualifying Meet	
100 Back		1:00.73	5-Mar-23	THIL	Callum Thomas at The Hills 2023 LC Qualifying Meet	
200 Back		2:11.59	5-Mar-23		Callum Thomas at The Hills 2023 LC Qualifying Meet	
50 Breast		31.16	16-Feb-01		Steven McBrien	
100 Breast		1:07.93	3-Dec-00		Steven McBrien	
200 Breast		2:30.53	5-Mar-23	THIL	Callum Thomas at The Hills 2023 LC Qualifying Meet	
50 Fly		25.81	24-Nov-23	THIL	Caleb Yago at The Hills Club Night Wk7 24/11/23	
100 Fly		59.39	2-Mar-25	THIL	Callum Thomas at The Hills 2025 LC Qualifying Meet	
200 Fly		2:10.05	3-Mar-24		Callum Thomas at The Hills 2024 LC Qualifying Meet	
200 IM		2:12.86	5-Mar-23		Callum Thomas at The Hills 2023 LC Qualifying Meet	
400 IM		4:39.84	5-Mar-23		Callum Thomas at The Hills 2023 LC Qualifying Meet	
30 & O		50 Free	29.72	13-Sep-19		Kemton Cline at The Hills Week 1 Friday Night 2019/2020
		100 Free	1:05.61	16-Mar-18		Kemton Cline at The Hills Club Championships 2018 Week 2
		200 Free	2:30.36	23-Mar-18		Kemton Cline at The Hills Club Championships 2018 Week 3
	400 Free	5:16.71	2-Mar-18		Kemton Cline at The Hills Long Distance Friday Night	
	800 Free	11:09.04	8-Mar-19		Kemton Cline at The Hills Long Distance Friday Night	
	1500 Free	22:34.29	19-Jan-18		Kemton Cline at The Hills Week 15 Friday Night 2017/18	
	50 Back	35.61	2-Feb-18		Scott Stoneham at The Hills Week 16 Friday Night 2017/18	
	100 Back	1:17.42	15-Mar-19		Kemton Cline at The Hills Club Championships 2019 Week 1	
	200 Back	2:52.08	22-Feb-19		Kemton Cline at The Hills Week 20 Friday Night 2018/19	
	50 Breast	36.53	23-Feb-18		Kemton Cline at The Hills Week 19 Friday Night 2017/18	
	100 Breast	1:22.94	2-Feb-18		Kemton Cline at The Hills Week 16 Friday Night 2017/18	
	200 Breast	3:11.00	24-Nov-17		Kemton Cline at The Hills Week 10 Friday Night 2017/18	
	50 Fly	32.16	15-Mar-19		Kemton Cline at The Hills Club Championships 2019 Week 1	
	100 Fly	1:18.01	1-Dec-17		Kemton Cline at The Hills Week 11 Friday Night 2017/18	
	200 Fly	3:16.03	18-Oct-19	THIL	Kemton Cline at The Hills Week 6 Friday Night 2019/2020	

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30 & O	200 IM	2:47.68	16-Mar-18	THIL	Kemton Cline at The Hills Club Championships 2018 Week 2
	400 IM	6:16.19	6-Dec-19	THIL	Kemton Cline at The Hills Week 13 Friday Night 2019/2020