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**RECORDS All LC Venues**
**LC Meters-Women**

|            |            |                  |                                           |                                                             |
|------------|------------|------------------|-------------------------------------------|-------------------------------------------------------------|
| 3-3        | 50 Free    | 2:39.06          | <b>25-Feb-84</b>                          | Joanne Fleming                                              |
|            | 50 Back    | 2:53.58          | <b>9-Nov-07</b>                           | Tara O'Malley                                               |
| 4-4        | 50 Free    | 1:07.82          | <b>29-Jan-88</b>                          | Crista Fleming                                              |
|            | 50 Back    | 1:25.69          | <b>5-Nov-00</b>                           | Maddison Carnegie                                           |
| 5-5        | 50 Free    | 59.38            | <b>13-Feb-04</b>                          | Emma Ralphs                                                 |
|            | 100 Free   | 2:13.08          | <b>17-Oct-14</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 200 Free   | 4:44.48          | <b>17-Oct-14</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 50 Back    | 1:05.97          | <b>13-Feb-04</b>                          | Emma Ralphs                                                 |
|            | 100 Back   | 2:23.30          | <b>17-Oct-14</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 200 Back   | 5:32.26          | <b>14-Nov-14</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 50 Breast  | 1:18.49          | <b>11-Oct-02</b>                          | Maddison Carnegie                                           |
| 50 Fly     | 1:17.82    | <b>21-Nov-14</b> | Suzanna Andrews at The Hills Friday Night |                                                             |
| 6-6        | 50 Free    | 45.20            | <b>1-Jan-70</b>                           | Joanne Tonner                                               |
|            | 100 Free   | 1:54.65          | <b>16-Oct-15</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 200 Free   | 3:55.21          | <b>27-Nov-15</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 400 Free   | 8:52.45          | <b>27-Mar-15</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 50 Back    | 52.56            | <b>29-Nov-15</b>                          | Suzanna Andrews at 2015 MSW Long Course Qualifying Meet     |
|            | 100 Back   | 2:06.69          | <b>20-Nov-15</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 200 Back   | 4:33.11          | <b>30-Oct-15</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 50 Breast  | 1:07.93          | <b>3-Feb-18</b>                           | Chand Dhatt at 2018 The Hills Swimming U12 Development Meet |
|            | 100 Breast | 2:20.71          | <b>4-Dec-15</b>                           | Suzanna Andrews at The Hills Friday Night                   |
|            | 50 Fly     | 1:01.26          | <b>27-Nov-15</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 200 IM     | 5:04.27          | <b>13-Mar-15</b>                          | Suzanna Andrews at The Hills Club Championships 2015        |
|            | 7-7        | 50 Free          | 38.87                                     | <b>29-Oct-16</b>                                            |
| 100 Free   |            | 1:34.19          | <b>14-Oct-16</b>                          | Suzanna Andrews at The Hills Friday Night                   |
| 200 Free   |            | 3:25.70          | <b>30-Sep-16</b>                          | Suzanna Andrews at The Hills Friday Night                   |
| 400 Free   |            | 6:57.21          | <b>31-Jan-03</b>                          | Gabrielle Ralphs                                            |
| 800 Free   |            | 17:51.14         | <b>26-Mar-82</b>                          | Bronwyn Lee                                                 |
| 50 Back    |            | 45.29            | <b>29-Oct-16</b>                          | Suzanna Andrews at SMNW Summer Championships                |
| 100 Back   |            | 1:40.79          | <b>7-Oct-16</b>                           | Suzanna Andrews at The Hills Friday Night                   |
| 200 Back   |            | 4:24.60          | <b>5-Dec-03</b>                           | Maddison Carnegie                                           |
| 50 Breast  |            | 58.60            | <b>21-Feb-03</b>                          | Gabrielle Ralphs                                            |
| 100 Breast |            | 2:06.87          | <b>25-Nov-16</b>                          | Suzanna Andrews at The Hills Friday Night                   |
| 200 Breast |            | 4:32.74          | <b>14-Feb-03</b>                          | Gabrielle Ralphs                                            |
| 50 Fly     |            | 45.85            | <b>29-Oct-16</b>                          | Suzanna Andrews at SMNW 2016 Summer Championships           |
| 100 Fly    |            | 1:50.07          | <b>2-Dec-16</b>                           | Suzanna Andrews at The Hills Friday Night                   |
| 200 IM     |            | 3:36.56          | <b>25-Nov-16</b>                          | Suzanna Andrews at The Hills Friday Night                   |
| 8-8        | 50 Free    | 35.61            | <b>16-Sep-17</b>                          | Suzanna Andrews at Blacktown City LC Qualifying M           |
|            | 100 Free   | 1:20.64          | <b>8-Dec-17</b>                           | Suzanna Andrews at The Hills Friday Night                   |
|            | 200 Free   | 2:56.59          | <b>29-Sep-17</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 400 Free   | 6:18.17          | <b>20-Oct-17</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 800 Free   | 13:12.37         | <b>26-Mar-04</b>                          | Gabrielle Ralphs                                            |
|            | 50 Back    | 40.47            | <b>4-Nov-17</b>                           | Suzanna Andrews at SMNW Summer                              |
|            | 100 Back   | 1:29.58          | <b>16-Sep-17</b>                          | Suzanna Andrews at Blacktown City LC Qualifying M           |
|            | 200 Back   | 3:13.72          | <b>27-Oct-17</b>                          | Suzanna Andrews at The Hills Friday Night                   |
|            | 50 Breast  | 50.30            | <b>8-Mar-14</b>                           | Amelia Harvie at 2014 Speedo Sprint Series - Finals         |
|            | 100 Breast | 1:52.94          | <b>30-Nov-01</b>                          | Kirstie Meertens                                            |
|            | 200 Breast | 3:52.62          | <b>8-Dec-17</b>                           | Suzanna Andrews at The Hills Friday Night                   |
|            | 50 Fly     | 39.82            | <b>4-Nov-17</b>                           | Suzanna Andrews at SMNW 2017 Summer Championships           |

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**RECORDS All LC Venues**

|            |            |          |                  |                                                                             |                                                               |
|------------|------------|----------|------------------|-----------------------------------------------------------------------------|---------------------------------------------------------------|
| 8-8        | 100 Fly    | 1:34.79  | <b>22-Sep-17</b> | Suzanna Andrews at The Hills Friday Night                                   |                                                               |
|            | 200 IM     | 3:22.04  | <b>12-Nov-17</b> | Suzanna Andrews at Auburn swim club qualifying meet 12-11-2017              |                                                               |
|            | 400 IM     | 7:02.47  | <b>17-Nov-17</b> | Suzanna Andrews at The Hills Friday Night                                   |                                                               |
| 9-9        | 50 Free    | 32.88    | <b>20-May-01</b> | Amy Bannatyne                                                               |                                                               |
|            | 100 Free   | 1:14.58  | <b>23-Sep-07</b> | Jessica Payne at Blacktown                                                  |                                                               |
|            | 200 Free   | 2:43.47  | <b>26-Oct-18</b> | Suzanna Andrews at The Hills Friday Night                                   |                                                               |
|            | 400 Free   | 5:40.50  | <b>19-Oct-18</b> | Suzanna Andrews at The Hills Friday Night                                   |                                                               |
|            | 800 Free   | 12:15.18 | <b>15-Oct-04</b> | Gabrielle Ralphs                                                            |                                                               |
|            | 1500 Free  | 22:41.39 | <b>1-Apr-05</b>  | Gabrielle Ralphs                                                            |                                                               |
|            | 50 Back    | 38.21    | <b>13-Oct-18</b> | Suzanna Andrews at 2018 NSW Achiever Squad Meet                             |                                                               |
|            | 100 Back   | 1:22.97  | <b>7-Oct-18</b>  | Suzanna Andrews at SMNW LC Qualifying Meet                                  |                                                               |
|            | 200 Back   | 3:12.09  | <b>13-Oct-06</b> | Maddison Carnegie                                                           |                                                               |
|            | 50 Breast  | 43.63    | <b>9-Mar-08</b>  | Taylah Pollard-Hughes at 2008 Speedo Sprint Series Finals                   |                                                               |
|            | 100 Breast | 1:34.56  | <b>12-Jan-08</b> | Taylah Pollard-Hughes at 2008 NSW 10/U - 12 Years Age Championships         |                                                               |
|            | 200 Breast | 3:21.26  | <b>22-Feb-08</b> | Taylah Pollard-Hughes                                                       |                                                               |
|            | 50 Fly     | 37.83    | <b>9-Mar-13</b>  | Grace Michell at 2013 Speedo Sprint Series - Finals                         |                                                               |
|            | 100 Fly    | 1:26.74  | <b>16-Jan-15</b> | Mia Feltham at 2015 NSW 10U-12 Years State Age Championships                |                                                               |
|            | 200 Fly    | 3:41.05  | <b>3-Dec-04</b>  | Gabrielle Ralphs                                                            |                                                               |
|            | 200 IM     | 3:06.78  | <b>20-May-01</b> | Amy Bannatyne                                                               |                                                               |
|            | 400 IM     | 6:35.71  | <b>14-Dec-18</b> | Suzanna Andrews at The Hills Friday Night                                   |                                                               |
|            | 10-10      | 50 Free  | 30.81            | <b>12-May-02</b>                                                            | Amy Bannatyne                                                 |
|            |            | 100 Free | 1:09.00          | <b>21-Sep-08</b>                                                            | Jessica Payne at Club Challenge Cup 2008                      |
|            |            | 200 Free | 2:29.44          | <b>26-Oct-19</b>                                                            | Suzanna Andrews at SMNW 2019-2020 Senior Summer Championships |
| 400 Free   |            | 5:23.16  | <b>6-Dec-19</b>  | Suzanna Andrews at The Hills Friday Night                                   |                                                               |
| 800 Free   |            | 11:02.77 | <b>8-Nov-19</b>  | Suzanna Andrews at The Hills Week 9 Friday Night 2019/2020                  |                                                               |
| 1500 Free  |            | 22:47.93 | <b>29-Sep-06</b> | Alicia Van Arkel                                                            |                                                               |
| 50 Back    |            | 36.56    | <b>26-Oct-19</b> | Suzanna Andrews at SMNW 2019-2020 Senior Summer Championships               |                                                               |
| 100 Back   |            | 1:19.10  | <b>2-Mar-19</b>  | Suzanna Andrews at 2019 NSW Junior Metropolitan Championships               |                                                               |
| 200 Back   |            | 2:53.50  | <b>18-Oct-19</b> | Suzanna Andrews at The Hills Friday Night                                   |                                                               |
| 50 Breast  |            | 40.21    | <b>31-Jan-09</b> | Taylah Pollard-Hughes at CIA & THSC Carnival                                |                                                               |
| 100 Breast |            | 1:26.27  | <b>13-Dec-08</b> | Taylah Pollard-Hughes at Metropolitan Championships                         |                                                               |
| 200 Breast |            | 3:11.92  | <b>1-Mar-09</b>  | Taylah Pollard-Hughes at Liverpool                                          |                                                               |
| 50 Fly     |            | 34.59    | <b>8-Mar-14</b>  | Grace Michell at 2014 Speedo Sprint Series - Finals                         |                                                               |
| 100 Fly    |            | 1:17.49  | <b>7-Dec-13</b>  | Grace Michell at 2013 NSW Metropolitan Championships                        |                                                               |
| 200 Fly    |            | 2:54.63  | <b>1-Mar-02</b>  | Amy Bannatyne                                                               |                                                               |
| 200 IM     |            | 2:49.04  | <b>10-Jan-09</b> | Taylah Pollard-Hughes at NSW State Age                                      |                                                               |
| 400 IM     |            | 6:02.68  | <b>27-Mar-09</b> | Taylah Pollard-Hughes                                                       |                                                               |
| 11-11      |            | 50 Free  | 29.64            | <b>7-Jan-12</b>                                                             | Rebekah Sefton at NSW State Age Championships                 |
|            |            | 100 Free | 1:05.30          | <b>7-Jan-12</b>                                                             | Rebekah Sefton at NSW State Age Championships                 |
|            |            | 200 Free | 2:17.76          | <b>7-Jan-12</b>                                                             | Rebekah Sefton at NSW State Age Championships                 |
|            | 400 Free   | 5:06.53  | <b>14-Nov-09</b> | Taylah Pollard-Hughes at Swimming Metro North West Summer Championsl        |                                                               |
|            | 800 Free   | 10:22.77 | <b>8-Nov-02</b>  | Amy Bannatyne                                                               |                                                               |
|            | 1500 Free  | 21:12.79 | <b>29-Sep-06</b> | Nicole Vela                                                                 |                                                               |
|            | 2500 Free  | 37.41    | <b>21-Dec-14</b> | NSW Georgia Oosterbeek at JX 2.5KM OWS                                      |                                                               |
|            | 50 Back    | 35.25    | <b>4-Feb-12</b>  | Rebekah Sefton at 2012 Speedo Sprint Series - Heats                         |                                                               |
|            | 100 Back   | 1:15.09  | <b>10-Dec-11</b> | Rebekah Sefton at 2011 NSW Grand Prix Meet                                  |                                                               |
|            | 200 Back   | 2:38.87  | <b>5-Nov-11</b>  | Rebekah Sefton at SMNW Summer Championships 2011                            |                                                               |
|            | 50 Breast  | 37.47    | <b>10-Dec-11</b> | THIL Brooke Peterson at 2011 NSW Grand Prix Meet                            |                                                               |
|            | 100 Breast | 1:22.47  | <b>12-Dec-09</b> | THIL Taylah Pollard-Hughes at 2010 NSW Metropolitan Championships           |                                                               |
|            | 200 Breast | 2:58.27  | <b>14-Nov-09</b> | THIL Taylah Pollard-Hughes at Swimming Metro North West Summer Championsl   |                                                               |
|            | 50 Fly     | 31.79    | <b>11-Oct-13</b> | THIL Kumiko Delaney at Woy Woy LC Qualifying Meet 11-12 Oct 2013            |                                                               |
|            | 100 Fly    | 1:13.59  | <b>16-Jan-10</b> | THIL Taylah Pollard Hughes at 2010 NSW State 10/U-12 Years Age Championship |                                                               |
|            | 200 Fly    | 2:41.59  | <b>11-Oct-13</b> | THIL Kumiko Delaney at Woy Woy LC Qualifying Meet 11-12 Oct 2013            |                                                               |

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**RECORDS All LC Venues**

|            |            |            |                  |                  |                                                                |
|------------|------------|------------|------------------|------------------|----------------------------------------------------------------|
| 11-11      | 200 IM     | 2:38.74    | <b>7-Jan-12</b>  | THIL             | Rebekah Sefton at NSW State Age Championships                  |
|            | 400 IM     | 5:47.84    | <b>18-Oct-02</b> |                  | Amy Bannatyne                                                  |
| 12-12      | 50 Free    | 28.43      | <b>8-Dec-12</b>  | THIL             | Rebekah Sefton at 2012 NSW Grand Prix Meet                     |
|            | 100 Free   | 1:01.61    | <b>8-Dec-12</b>  | THIL             | Rebekah Sefton at 2012 NSW Grand Prix Meet                     |
|            | 200 Free   | 2:13.40    | <b>5-Jan-13</b>  | THIL             | Rebekah Sefton at NSW State Age Championships                  |
|            | 400 Free   | 4:41.26    | <b>5-Jan-13</b>  | THIL             | Rebekah Sefton at NSW State Age Championships                  |
|            | 800 Free   | 10:07.06   | <b>26-Sep-08</b> |                  | Emma Payne at Club                                             |
|            | 1500 Free  | 20:09.50   | <b>29-Sep-06</b> |                  | Alison Jalvo                                                   |
|            | 2500 Free  | 40.23      | <b>24-Oct-15</b> | THIL NSW         | Trinity Loader at Nepean Aquatic Open Water 2015               |
|            | 5000 Free  | 1:13:46.40 | <b>13-Dec-13</b> | THIL             | Lauren Wheeler at 2013 NSW State Age and Open Water            |
|            | 50 Back    | 33.50      | <b>9-Mar-13</b>  |                  | Rebekah Sefton at 2013 Speedo Sprint Series - Finals           |
|            | 100 Back   | 1:10.11    | <b>28-Mar-16</b> |                  | Kaitlin Teleki at 2016 GHF Australian Age Championships        |
|            | 200 Back   | 2:27.16    | <b>28-Mar-16</b> |                  | Kaitlin Teleki at 2016 GHF Australian Age Championships        |
|            | 50 Breast  | 36.73      | <b>3-Mar-12</b>  | THIL             | Brooke Peterson at 2012 NSW Metropolitan Championships         |
|            | 100 Breast | 1:20.76    | <b>9-Apr-12</b>  | THIL             | Brooke Peterson at 2012 Australian Age Championships           |
|            | 200 Breast | 2:57.35    | <b>3-Mar-12</b>  | THIL             | Brooke Peterson at 2012 NSW Metropolitan Championships         |
|            | 50 Fly     | 30.63 *    | <b>14-Nov-09</b> | THIL             | Baylee Forbes at Swimming Metro North West Summer Championship |
|            | 50 Fly     | 30.63 *    | <b>12-Feb-10</b> | THIL             | Baylee Forbes at 2010 NSW State Open Championships             |
|            | 100 Fly    | 1:07.92    | <b>6-Apr-10</b>  | THIL             | Baylee Forbes at State Age Championships                       |
|            | 200 Fly    | 2:31.85    | <b>21-Sep-08</b> | THIL             | Emma Payne at Club Challenge Cup 2008                          |
|            | 200 IM     | 2:33.17    | <b>10-Nov-12</b> | THIL             | Rebekah Sefton at SMNW Summer Championships 2012               |
|            | 400 IM     | 5:48.46    | <b>4-Apr-08</b>  |                  | Emma Payne                                                     |
| 13-13      | 50 Free    | 27.87      | <b>20-Jan-14</b> | THIL             | Rebekah Sefton at 2014 NSW 13-18 Years State Age Championships |
|            | 100 Free   | 59.73      | <b>20-Jan-14</b> | THIL             | Rebekah Sefton at NSW State Age Championships                  |
|            | 200 Free   | 2:06.41    | <b>20-Jan-14</b> | THIL             | Rebekah Sefton at NSW State Age Championships                  |
|            | 400 Free   | 4:30.62    | <b>20-Jan-14</b> | THIL             | Rebekah Sefton at NSW State Age Championships                  |
|            | 800 Free   | 9:22.98    | <b>20-Jan-14</b> | THIL             | Rebekah Sefton at NSW State Age Championships                  |
|            | 1500 Free  | 19:26.39   | <b>28-Sep-07</b> |                  | Alison Jalvo                                                   |
|            | 2500 Free  | 38.53      | <b>24-Oct-15</b> | THIL NSW         | Ashlee Bloomfield at Nepean Aquatic Open Water 2015            |
|            | 5000 Free  | 1:06:29.58 | <b>13-Dec-13</b> | THIL             | Rebekah Sefton at 2014 NSW State Age and Open Water            |
|            | 50 Back    | 32.78      | <b>8-Dec-06</b>  |                  | Kirstie Meertens                                               |
|            | 100 Back   | 1:09.54    | <b>3-Mar-17</b>  | THIL             | Kaitlin Teleki at 2017 NSW State Open Championships            |
|            | 200 Back   | 2:24.26    | <b>16-Apr-17</b> |                  | Kaitlin Teleki at 2017 GHF Australian Age Championships        |
|            | 50 Breast  | 35.50      | <b>7-Dec-13</b>  | THIL             | Brooke Peterson at 2013 NSW Metropolitan Championships         |
|            | 100 Breast | 1:18.52    | <b>7-Dec-13</b>  | THIL             | Brooke Peterson at 2013 NSW Metropolitan Championships         |
|            | 200 Breast | 2:45.45    | <b>29-Nov-15</b> | THIL             | Makayla Oosterbeek at 2015 MSW Long Course Qualifying Meet     |
|            | 50 Fly     | 30.02      | <b>6-Apr-10</b>  | THIL             | Baylee Forbes at Australian Age                                |
|            | 100 Fly    | 1:04.27    | <b>6-Apr-10</b>  | THIL             | Baylee Forbes at Australian Age                                |
|            | 200 Fly    | 2:24.66    | <b>13-Apr-15</b> | THIL             | Kumiko Delaney at 2015 GHF Australian Age Championships        |
|            | 200 IM     | 2:27.36    | <b>20-Jan-14</b> | THIL             | Rebekah Sefton at NSW State Age Championships                  |
|            | 400 IM     | 5:12.65    | <b>20-Jan-14</b> | THIL             | Rebekah Sefton at NSW State Age Championships                  |
|            | 14-14      | 50 Free    | 26.86            | <b>19-Jan-15</b> | THIL                                                           |
| 100 Free   |            | 58.94      | <b>19-Jan-15</b> | THIL             | Rebekah Sefton at NSW State Age Championships                  |
| 200 Free   |            | 2:04.63    | <b>19-Jan-15</b> | THIL             | Rebekah Sefton at NSW State Age Championships                  |
| 400 Free   |            | 4:23.87    | <b>19-Jan-15</b> | THIL             | Rebekah Sefton at NSW State Age Championships                  |
| 800 Free   |            | 9:08.90    | <b>13-Dec-14</b> | THIL             | Rebekah Sefton at 2014 McDonalds Queensland Championships      |
| 1500 Free  |            | 19:13.78   | <b>31-Mar-00</b> |                  | Georgia Smith                                                  |
| 5000 Free  |            | 1:05:02.22 | <b>9-Nov-13</b>  |                  | Hannah Payne at NSW State Age and Open Water                   |
| 10000 Free |            | 2:19:07.93 | <b>9-Nov-13</b>  |                  | Hannah Payne at Berry Rickards Open Water                      |
| 50 Back    |            | 31.13      | <b>15-Dec-07</b> |                  | Kirstie Meertens at 2007 NSW Metropolitan Championships        |
| 100 Back   |            | 1:05.50    | <b>14-Jan-08</b> |                  | Kirstie Meertens at NSW Age Championships                      |
| 200 Back   |            | 2:20.99    | <b>14-Jan-08</b> |                  | Kirstie Meertens at NSW Age Championships                      |
| 50 Breast  |            | 35.35 *    | <b>6-Dec-14</b>  |                  | Brooke Peterson at 2014 NSW Metropolitan Championships         |

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**RECORDS All LC Venues**

|            |            |            |           |                                                                |                                                            |
|------------|------------|------------|-----------|----------------------------------------------------------------|------------------------------------------------------------|
| 14-14      | 50 Breast  | 35.35 *    | 22-Nov-14 | Brooke Peterson at SMNW Summer Championships 22 Nov 2014       |                                                            |
|            | 100 Breast | 1:17.19    | 21-Apr-18 | Loryn Gordon at 2018 GHF Australian Age Championships          |                                                            |
|            | 200 Breast | 2:47.50    | 21-Apr-18 | Loryn Gordon at 2018 GHF Australian Age Championships          |                                                            |
|            | 50 Fly     | 29.48      | 1-Apr-11  | Baylee Forbes at Australian Open Championships                 |                                                            |
|            | 100 Fly    | 1:04.75    | 18-Apr-11 | Baylee Forbes at Australian Age                                |                                                            |
|            | 200 Fly    | 2:24.97    | 18-Jan-16 | Kumiko Delaney at 2016 NSW 13-18 Years State Age Championships |                                                            |
|            | 200 IM     | 2:25.59    | 19-Jan-15 | Rebekah Sefton at NSW State Age Championships                  |                                                            |
|            | 400 IM     | 5:07.84    | 19-Jan-15 | Rebekah Sefton at NSW State Age Championships                  |                                                            |
|            | 15-15      | 50 Free    | 26.64     | 18-Jan-16                                                      | Rebekah Sefton at NSW State Age Championships              |
| 100 Free   |            | 57.76      | 18-Jan-16 | Rebekah Sefton at NSW State Age Championships                  |                                                            |
| 200 Free   |            | 2:04.10    | 18-Jan-16 | Rebekah Sefton at NSW State Age Championships                  |                                                            |
| 400 Free   |            | 4:23.70    | 13-Dec-08 | Kirstie Meertens at Metropolitan Championships                 |                                                            |
| 800 Free   |            | 9:06.70    | 13-Apr-15 | Rebekah Sefton at 2015 GHF Australian Age Championships        |                                                            |
| 1500 Free  |            | 18:32.80   | 30-Mar-01 | Georgia Smith                                                  |                                                            |
| 5000 Free  |            | 1:06:22.95 | 24-Jan-24 | Ruby Carter at 2024 Australian Open Water Championships        |                                                            |
| 50 Back    |            | 30.49      | 13-Dec-08 | Kirstie Meertens at Metropolitan Championships                 |                                                            |
| 100 Back   |            | 1:02.99    | 5-Jan-09  | Kirstie Meertens at NSW State Age                              |                                                            |
| 200 Back   |            | 2:19.24    | 9-Apr-09  | Kirstie Meertens at Australian Age                             |                                                            |
| 50 Breast  |            | 35.63      | 15-Mar-19 | Loryn Gordon at 2019 NSW State Open Championships              |                                                            |
| 100 Breast |            | 1:14.94    | 15-Apr-19 | Loryn Gordon at 2019 HP Australian Age Championships           |                                                            |
| 200 Breast |            | 2:43.07    | 15-Apr-19 | Loryn Gordon at 2019 HP Australian Age Championships           |                                                            |
| 50 Fly     |            | 29.36      | 1-Apr-11  | Emma Payne at Australian Open Championships                    |                                                            |
| 100 Fly    |            | 1:04.29    | 11-Jan-11 | Emma Payne at 2011 NSW State 13-18 Age Championships           |                                                            |
| 200 Fly    |            | 2:21.08    | 6-Dec-14  | Rachel Wood at 2014 NSW Metropolitan Championships             |                                                            |
| 200 IM     |            | 2:23.68    | 13-Apr-15 | Rebekah Sefton at 2015 GHF Australian Age Championships        |                                                            |
| 400 IM     |            | 4:59.53    | 13-Dec-14 | Rachel Wood at 2014 McDonalds Queensland Championships         |                                                            |
| 16-16      |            | 50 Free    | 26.56     | 12-Dec-16                                                      | Rebekah Sefton at 2016-17 NSW 13-18 Years State Age Champs |
|            |            | 100 Free   | 57.02     | 28-Mar-16                                                      | Rebekah Sefton at 2016 GHF Australian Age Championships    |
|            | 200 Free   | 2:02.49    | 28-Mar-16 | Rebekah Sefton at 2016 GHF Australian Age Championships        |                                                            |
|            | 400 Free   | 4:20.65    | 12-Dec-16 | Rebekah Sefton at NSW State Age Championships                  |                                                            |
|            | 800 Free   | 9:00.80    | 13-Apr-15 | Rachel Wood at 2015 GHF Australian Age Championships           |                                                            |
|            | 1500 Free  | 18:32.85   | 11-Oct-13 | Maddison Carnegie at Woy Woy LC Qualifying Meet 11-12 Oct 2013 |                                                            |
|            | 5000 Free  | 1:04:08.79 | 19-Dec-15 | NSW Annabelle Woodbury at NSW State Age and Open 5km/10km OWS  |                                                            |
|            | 10000 Free | 2:09:51.93 | 19-Dec-15 | Hannah Payne at NSW State Age and Open 5km/10km OWS            |                                                            |
|            | 50 Back    | 29.29      | 13-Feb-09 | Kirstie Meertens at NSW State Open                             |                                                            |
|            | 100 Back   | 1:03.93    | 13-Feb-09 | Kirstie Meertens at NSW State Open                             |                                                            |
|            | 200 Back   | 2:22.82    | 21-Mar-09 | Kirstie Meertens at Australian Open                            |                                                            |
|            | 50 Breast  | 34.61      | 6-Apr-24  | Joely Bruce at 2024 Australian Age & MC Age Championships      |                                                            |
|            | 100 Breast | 1:14.00 *  | 17-Apr-24 | Joely Bruce at 2024 Australian Open Championships              |                                                            |
|            | 100 Breast | 1:14.00 *  | 6-Apr-24  | Joely Bruce at 2024 Australian Age & MC Age Championships      |                                                            |
|            | 200 Breast | 2:41.03    | 2-Mar-01  | Prudence Brown                                                 |                                                            |
|            | 50 Fly     | 29.11      | 15-Mar-12 | Emma Payne at 2012 EnergyAustralia Swimming Championships      |                                                            |
|            | 100 Fly    | 1:02.75    | 10-Jan-12 | Emma Payne at 2012 NSW State Age 13-18 Years Championships     |                                                            |
|            | 200 Fly    | 2:18.04    | 10-Jan-12 | Emma Payne at 2012 NSW State Age 13-18 Years Championships     |                                                            |
|            | 200 IM     | 2:21.97    | 13-Apr-15 | Rachel Wood at 2015 GHF Australian Age Championships           |                                                            |
|            | 400 IM     | 4:53.19    | 13-Apr-15 | Rachel Wood at 2015 GHF Australian Age Championships           |                                                            |
|            | 17-29      | 50 Free    | 26.72     | 13-Dec-14                                                      | Emma Payne at 2014 McDonalds Queensland Championships      |
|            |            | 100 Free   | 57.33     | 14-Apr-14                                                      | Emma Payne at 2014 GHSF Australian Age & MC Championships  |
|            |            | 200 Free   | 2:04.29   | 14-Apr-14                                                      | Emma Payne at 2014 GHSF Australian Age & MC Championships  |
| 400 Free   |            | 4:23.06    | 16-Apr-17 | Rebekah Sefton at 2017 GHF Australian Age Championships        |                                                            |
| 800 Free   |            | 9:03.45    | 8-Jan-13  | Emma Payne at 2013 NSW 13-18 Years State Age Championships     |                                                            |
| 1500 Free  |            | 18:17.36   | 5-Nov-11  | Alison Jalvo at SMNW Summer Championships 2011                 |                                                            |
| 5000 Free  |            | 1:01:16.08 | 13-Dec-13 | Emma Payne at 2013 NSW State Age and Open Water                |                                                            |

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**RECORDS All LC Venues**

|        |            |            |                  |                                                                 |
|--------|------------|------------|------------------|-----------------------------------------------------------------|
| 17-29  | 10000 Free | 2:08:02.00 | <b>20-Dec-14</b> | Emma Payne at 2014 NSW State Age and Open 5 and 10km OWS        |
|        | 50 Back    | 30.58      | <b>13-Mar-20</b> | Laura Boll at 2020 NSW State Open Championships                 |
|        | 100 Back   | 1:06.19    | <b>13-Dec-19</b> | Laura Boll at NSW Senior State Age Championships                |
|        | 200 Back   | 2:22.11    | <b>13-Dec-19</b> | Laura Boll at NSW Senior State Age Championships                |
|        | 50 Breast  | 35.09      | <b>1-Feb-02</b>  | Prudence Brown                                                  |
|        | 100 Breast | 1:16.00    | <b>10-Mar-23</b> | Harper Adams at 2023 NSW State Open Championships               |
|        | 200 Breast | 2:43.02    | <b>1-Mar-02</b>  | Prudence Brown                                                  |
|        | 50 Fly     | 29.64      | <b>30-Apr-13</b> | Emma Payne at 2012 Woden National and State Qualifying Meet     |
|        | 100 Fly    | 1:03.73    | <b>13-Dec-14</b> | Emma Payne at 2014 McDonalds Queensland Championships           |
|        | 200 Fly    | 2:21.05    | <b>13-Dec-14</b> | Emma Payne at 2014 McDonalds Queensland Championships           |
|        | 200 IM     | 2:21.37    | <b>28-Mar-16</b> | Rachel Wood at 2016 GHF Australian Age Championships            |
|        | 400 IM     | 4:56.84    | <b>28-Mar-16</b> | Rachel Wood at 2016 GHF Australian Age Championships            |
| 30 & O | 50 Free    | 30.62      | <b>10-Nov-17</b> | Jenny Whiteley at The Hills Friday Night                        |
|        | 100 Free   | 1:09.90    | <b>27-Oct-17</b> | Jenny Whiteley at The Hills Friday Night                        |
|        | 200 Free   | 2:57.01    | <b>29-Mar-19</b> | Natalie Clarence at The Hills Club Championships 2019 Week 3    |
|        | 400 Free   | 5:18.46    | <b>15-Dec-17</b> | Jenny Whiteley at The Hills Friday Night                        |
|        | 800 Free   | 10:55.89   | <b>13-Sep-19</b> | Jenny Whiteley at The Hills Friday Night                        |
|        | 1500 Free  | 20:56.82   | <b>27-Sep-19</b> | Jenny Whiteley at The Hills Friday Night                        |
|        | 5000 Free  | 1:40:58.20 | <b>24-Jan-15</b> | Sue Brown at Bridge to Bridge 5km Open Water 2015               |
|        | 50 Back    | 38.94      | <b>25-Oct-02</b> | Terina Rose Jones                                               |
|        | 100 Back   | 1:28.93    | <b>7-Mar-03</b>  | Terina Rose Jones                                               |
|        | 200 Back   | 3:29.66    | <b>15-Nov-13</b> | Caroline Moeser at The Hills Friday Night Week 8                |
|        | 50 Breast  | 40.97      | <b>24-Nov-17</b> | THIL Natalie Clarence at The Hills Week 10 Friday Night 2017/18 |
|        | 100 Breast | 1:30.56    | <b>27-Oct-17</b> | Jenny Whiteley at The Hills Friday Night                        |
|        | 200 Breast | 3:18.35    | <b>2-Feb-18</b>  | Jenny Whiteley at The Hills Friday Night                        |
|        | 50 Fly     | 35.02      | <b>15-Dec-17</b> | Jenny Whiteley at The Hills Friday Night                        |
|        | 100 Fly    | 1:39.30    | <b>24-Jan-20</b> | Natalie Clarence at The Hills Week 17 Friday Night 2019/2020    |
|        | 200 IM     | 3:16.09    | <b>6-Mar-15</b>  | Caroline Moeser at The Hills Club Championships 2015            |
|        | 400 IM     | 7:15.22    | <b>28-Mar-14</b> | Caroline Moeser at The Hills Long Distance Night 2015           |

**RECORDS All LC Venues**

**LC Meters-Men**

|            |            |          |             |             |                                                                        |
|------------|------------|----------|-------------|-------------|------------------------------------------------------------------------|
| 4-4        | 50 Free    | 1:55.83  | 9-Mar-79    | THIL        | Andrew Eccleston                                                       |
| 5-5        | 50 Free    | 1:06.59  | 21-Feb-14   |             | Jayan Easton at The Hills                                              |
|            | 50 Back    | 1:25.14  | 23-Feb-07   |             | Connor Shelley                                                         |
|            | 50 Breast  | 1:17.97  | 9-Feb-07    |             | Connor Shelley                                                         |
| 6-6        | 50 Free    | 49.80    | 24-Mar-79   |             | Jayson Westbury                                                        |
|            | 100 Free   | 2:13.89  | 14-Mar-03   |             | Kienan Bear                                                            |
|            | 50 Back    | 59.46    | 23-Feb-08   |             | Connor R. Shelley at Castle Hill RSL Dolphins Invitation Carnival      |
|            | 100 Back   | 2:19.42  | 28-Feb-97   |             | Nick Johnson                                                           |
|            | 50 Breast  | 1:01.08  | 15-Feb-08   |             | Connor Shelley                                                         |
|            | 100 Breast | 2:23.32  | 14-Dec-07   |             | Connor Shelley                                                         |
|            | 200 Breast | 4:48.33  | 22-Feb-08   |             | Connor Shelley                                                         |
|            | 50 Fly     | 1:09.87  | 8-Feb-08    |             | Connor Shelley                                                         |
| 7-7        | 50 Free    | 40.80    | 7-Mar-03    |             | Scott Richards                                                         |
|            | 100 Free   | 1:33.10  | 16-Feb-74   |             | Jayson Westbury                                                        |
|            | 200 Free   | 3:53.49  | 18-Mar-83   |             | Elvio Lopez                                                            |
|            | 400 Free   | 7:53.75  | 18-Mar-83   |             | Evan Taylor                                                            |
|            | 800 Free   | 16:51.50 | 18-Mar-83   |             | Elvio Lopez                                                            |
|            | 50 Back    | 50.90    | 16-Feb-74   |             | Kyle Crossling                                                         |
|            | 100 Back   | 1:59.88  | 7-Dec-12    |             | Preston Andrews                                                        |
|            | 200 Back   | 4:34.50  | 6-Feb-98    |             | Nicholas Johnson                                                       |
|            | 50 Breast  | 59.80    | 2-Feb-74    |             | Kyle Crossling                                                         |
|            | 100 Breast | 2:13.99  | 20-Dec-96   |             | Scott Lear                                                             |
|            | 200 Breast | 4:38.34  | 8-Dec-06    |             | Nicholas Glasson                                                       |
|            | 50 Fly     | 52.84    | 26-Feb-99   |             | Aaron Martin                                                           |
|            | 200 IM     | 4:09.93  | 12-Mar-99   |             | Aaron Martin                                                           |
|            | 8-8        | 50 Free  | 35.64       | 7-Apr-18    |                                                                        |
| 100 Free   |            | 1:20.55  | 23-Mar-18   |             | Riyon Mudannayake at The Hills Club Championships 2018 Week 3          |
| 200 Free   |            | 3:03.43  | 2-Mar-18    |             | Riyon Mudannayake at The Hills Long Distance Friday Night              |
| 400 Free   |            | 6:26.19  | 18-Oct-02   |             | Blake Wigley                                                           |
| 800 Free   |            | 14:23.01 | 21-Mar-86   |             | Jeremy Faulkner                                                        |
| 50 Back    |            | 44.96    | 13-Nov-10   |             | Curtis Kraus at SMNW Summer Championships 2010                         |
| 100 Back   |            | 1:36.75  | 17-Nov-00   |             | Alex Murray                                                            |
| 200 Back   |            | 3:19.38  | 10-Nov-00   |             | Alex Murray                                                            |
| 50 Breast  |            | 47.28    | * 7-Apr-18  |             | Riyon Mudannayake at 2018 - Belgravia Cup                              |
| 50 Breast  |            | 47.28    | * 23-Mar-18 |             | e Hills Club Championships 2018 Week 3 Riyon Mudannayake at 2018 - Bel |
| 100 Breast |            | 1:49.47  | 28-Jan-00   |             | Tunc Kaplan                                                            |
| 200 Breast |            | 4:17.21  | 22-Feb-08   |             | Nicholas Glasson                                                       |
| 50 Fly     |            | 41.97    | 1-Oct-99    |             | Tunc Kaplan                                                            |
| 100 Fly    |            | 1:36.22  | 8-Oct-99    |             | Tunc Kaplan                                                            |
| 200 IM     |            | 3:28.28  | 7-Apr-18    |             | Riyon Mudannayake at 2018 - Belgravia Cup                              |
| 9-9        |            | 50 Free  | 34.53       | 2-Mar-19    |                                                                        |
|            | 100 Free   | 1:20.14  | 2-Nov-01    |             | Matthew Hagglund                                                       |
|            | 200 Free   | 2:56.88  | 14-Dec-01   |             | Alex Murray                                                            |
|            | 400 Free   | 6:03.22  | 14-Dec-01   |             | Alex Murray                                                            |
|            | 800 Free   | 12:58.80 | 5-Apr-02    |             | Daniel McRoberts                                                       |
|            | 1500 Free  | 27:06.16 | 27-Mar-98   |             | Nathan Charles                                                         |
|            | 50 Back    | 39.55    | 13-Mar-11   |             | Gerhardt Smith at 2011 Speedo Sprint Series - Finals                   |
|            | 100 Back   | 1:30.15  | 18-Feb-05   |             | Jeremy-Tunkunas-Scott                                                  |
| 200 Back   | 3:08.05    | 7-Dec-01 |             | Alex Murray |                                                                        |

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**RECORDS All LC Venues**

|            |            |                 |                  |                                                          |                                                                     |                                                               |
|------------|------------|-----------------|------------------|----------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------|
| 9-9        | 50 Breast  | 45.59           | <b>28-Sep-18</b> |                                                          | Riyon Mudannayake at The Hills Week 2 Friday Night                  |                                                               |
|            | 100 Breast | 1:37.97         | <b>28-Sep-18</b> |                                                          | Riyon Mudannayake at The Hills Week 2 Friday Night                  |                                                               |
|            | 200 Breast | 3:51.34         | <b>8-Feb-02</b>  |                                                          | Tim Henuik                                                          |                                                               |
|            | 50 Fly     | 39.93           | <b>12-Jan-01</b> |                                                          | Alex Murray                                                         |                                                               |
|            | 100 Fly    | 1:34.54         | <b>2-Nov-01</b>  |                                                          | Alex Murray                                                         |                                                               |
|            | 200 Fly    | 3:52.09         | <b>14-Nov-14</b> |                                                          | Preston Andrews at The Hills Friday Night                           |                                                               |
|            | 200 IM     | 3:15.34         | <b>9-Nov-01</b>  |                                                          | Alex Murray                                                         |                                                               |
|            | 400 IM     | 7:24.24         | <b>26-Sep-14</b> |                                                          | Aiden Hawron at The Hills Friday Night Week 1 2014                  |                                                               |
| 10-10      | 50 Free    | 30.46           | <b>12-Dec-17</b> |                                                          | Alexander Clarence at 2017 NSW 10U-12 Years State Age Championships |                                                               |
|            | 100 Free   | 1:06.09         | <b>12-Dec-17</b> |                                                          | Alexander Clarence at 2017 NSW 10U-12 Years State Age Championships |                                                               |
|            | 200 Free   | 2:32.67         | <b>4-Nov-17</b>  |                                                          | Alexander Clarence at SMNW 2017 Summer Championships                |                                                               |
|            | 400 Free   | 5:27.77         | <b>22-Oct-04</b> |                                                          | Blake Wigley                                                        |                                                               |
|            | 800 Free   | 11:30.72        | <b>26-Oct-01</b> |                                                          | Aaron Carnegie                                                      |                                                               |
|            | 1500 Free  | 22:13.78        | <b>30-Mar-01</b> |                                                          | Adam Hammonds                                                       |                                                               |
|            | 2500 Free  | 39.57           | <b>24-Oct-15</b> | NSW                                                      | Aiden Hawron at Nepean Aquatic Open Water 2015                      |                                                               |
|            | 50 Back    | 37.57           | <b>5-Nov-11</b>  |                                                          | Gerhardt Smith at SMNW Summer Championships                         |                                                               |
|            | 100 Back   | 1:19.35         | <b>24-Nov-17</b> |                                                          | Alexander Clarence at 2017 NSW Metropolitan Championships           |                                                               |
|            | 200 Back   | 2:55.25         | <b>4-Nov-17</b>  |                                                          | Alexander Clarence at SMNW 2017 Summer Championships                |                                                               |
|            | 50 Breast  | 43.99           | <b>22-Feb-02</b> |                                                          | Thomas Marcolin                                                     |                                                               |
|            | 100 Breast | 1:35.57         | <b>12-Jan-07</b> |                                                          | Ryan Roche at 2007 NSW 10/Under-12 Years Age Championships          |                                                               |
|            | 200 Breast | 3:16.53         | <b>5-Jan-07</b>  |                                                          | Ryan Roche                                                          |                                                               |
|            | 50 Fly     | 34.92           | <b>25-Mar-18</b> |                                                          | Jeffrey Lu at 2018 CARLILE JX MEET                                  |                                                               |
|            | 100 Fly    | 1:20.88         | <b>24-Nov-17</b> |                                                          | Jeffrey Lu at 2017 NSW Metropolitan Championships                   |                                                               |
|            | 200 Fly    | 3:08.25         | <b>8-Feb-02</b>  |                                                          | Aaron Carnegie                                                      |                                                               |
|            | 200 IM     | 2:57.70         | <b>12-Dec-17</b> |                                                          | Jeffrey Lu at 2017 NSW 10U-12 Years State Age Championships         |                                                               |
|            | 400 IM     | 6:17.99         | <b>1-Feb-02</b>  |                                                          | Aaron Carnegie                                                      |                                                               |
|            | 11-11      | 50 Free         | 28.69            | <b>7-Mar-20</b>                                          | CARL                                                                | William Hopkins at 2020 NSW Junior Metropolitan Championships |
|            |            | 100 Free        | 1:04.37          | <b>19-Mar-04</b>                                         |                                                                     | Luke Herzog                                                   |
| 200 Free   |            | 2:22.16         | <b>27-Feb-04</b> |                                                          | Luke Herzog                                                         |                                                               |
| 400 Free   |            | 4:56.02         | <b>26-Mar-04</b> |                                                          | Luke Herzog                                                         |                                                               |
| 800 Free   |            | 10:56.12        | <b>26-Oct-01</b> |                                                          | Adam Hammonds                                                       |                                                               |
| 1500 Free  |            | 19:59.57        | <b>2-Nov-18</b>  |                                                          | Alexander Clarence at Club races                                    |                                                               |
| 2500 Free  |            | 39.20           | <b>24-Oct-15</b> |                                                          | Adam Dickson at Nepean Aquatic Open Water 2015                      |                                                               |
| 50 Back    |            | 33.22           | <b>25-Mar-23</b> |                                                          | Ethan Saunders at 2023 NSW Junior State Age Championships           |                                                               |
| 100 Back   |            | 1:14.79         | <b>10-Nov-12</b> |                                                          | Harrison Thomas at SMNW Summer Championships 2012                   |                                                               |
| 200 Back   |            | 2:38.96         | <b>5-Jan-13</b>  |                                                          | Gerhardt Smith at NSW State Age Championships                       |                                                               |
| 50 Breast  |            | 38.88           | <b>12-Oct-19</b> |                                                          | Ned Cane 2019 NSW Junior Area Representative Meet                   |                                                               |
| 100 Breast |            | 1:28.09         | <b>13-Oct-23</b> |                                                          | Jayden Barker at Club races                                         |                                                               |
| 200 Breast |            | 3:02.03         | <b>28-Oct-23</b> |                                                          | Jayden Barker at SMNW 2023 Summer Championships                     |                                                               |
| 50 Fly     |            | 32.09           | <b>3-Feb-19</b>  |                                                          | Alexander Clarence at SMNW 2019 Speedo Sprint Series - Heats        |                                                               |
| 100 Fly    |            | 1:15.99         | <b>14-Oct-18</b> |                                                          | Alexander Clarence at Ryde Carlile Challenge Cup                    |                                                               |
| 200 Fly    |            | 2:47.04         | <b>7-Oct-05</b>  |                                                          | Blake Wigley                                                        |                                                               |
| 200 IM     |            | 2:43.70         | <b>5-Mar-04</b>  |                                                          | Jordan Burden                                                       |                                                               |
| 400 IM     |            | 5:51.73         | <b>14-Oct-05</b> |                                                          | Blake Wigley                                                        |                                                               |
| 12-12      |            | 50 Free         | 27.74            | <b>14-Oct-17</b>                                         |                                                                     | Eric Lee at NSW LC Qualifying Meet                            |
|            |            | 100 Free        | 1:00.56          | <b>14-Oct-17</b>                                         |                                                                     | Eric Lee at NSW LC Qualifying Meet                            |
|            | 200 Free   | 2:13.36         | <b>26-Oct-19</b> |                                                          | Alexander Clarence at SMNW 2019-2020 Senior Summer Championships    |                                                               |
|            | 400 Free   | 4:38.88         | <b>8-Feb-20</b>  |                                                          | Alexander Clarence at SMNW 2019-2020 Junior Summer Championships    |                                                               |
|            | 800 Free   | 9:45.58         | <b>30-Mar-19</b> |                                                          | Kyan Davies at 2019 NSW Junior State Age Championships              |                                                               |
|            | 1500 Free  | 19:15.94        | <b>29-Sep-06</b> |                                                          | Andrew Payne                                                        |                                                               |
|            | 2500 Free  | 35:31.73        | <b>9-Dec-17</b>  | NSW                                                      | Preston Andrews at State Open & Age OWS 2017                        |                                                               |
|            | 5000 Free  | 1:08:27.41      | <b>13-Dec-13</b> |                                                          | Gerhardt Smith at NSW State Age and Open Water                      |                                                               |
| 50 Back    | 31.65      | <b>4-Feb-24</b> | THIL             | Ethan Saunders at 2024 SMNW Speedo Sprint Series - Heats |                                                                     |                                                               |

**RECORDS All LC Venues**

|          |            |            |                    |                                                                    |
|----------|------------|------------|--------------------|--------------------------------------------------------------------|
| 12-12    | 100 Back   | 1:08.24    | <b>23-Mar-14</b>   | Gerhardt Smith at CARLILE JX MEET 2014                             |
|          | 200 Back   | 2:25.49    | <b>14-Apr-14</b>   | Gerhardt Smith at 2014 GHSF Australian Age Championships           |
|          | 50 Breast  | 37.31      | <b>29-Feb-20</b>   | Ned Cane at 2020 Speedo Sprint Series - Finals                     |
|          | 100 Breast | 1:22.15    | <b>20-Feb-09</b>   | Ryan Tsang at Club                                                 |
|          | 200 Breast | 2:56.44    | <b>30-Mar-19</b>   | Kyan Davies at NSW Junior State Age Championships                  |
|          | 50 Fly     | 30.58      | <b>2-Mar-24</b>    | Ethan Saunders at 2024 Speedo Sprint Series - FINALS               |
|          | 100 Fly    | 1:09.06    | <b>10-Feb-06</b>   | Brandon Sibir                                                      |
|          | 200 Fly    | 2:32.52    | <b>3-Feb-06</b>    | Brandon Sibir                                                      |
|          | 200 IM     | 2:35.65    | <b>10-Jan-09</b>   | Ryan Tsang at NSW State Age                                        |
|          | 400 IM     | 5:28.53    | <b>6-Oct-06</b>    | Blake Wigley                                                       |
| 13-13    | 50 Free    | 26.80      | <b>21-Apr-18</b>   | Preston Andrews at 2018 GHF Australian Age Championships           |
|          | 100 Free   | 58.74      | <b>13-Apr-15</b>   | Gerhardt Smith at Australian Age Championships                     |
|          | 200 Free   | 2:06.89    | <b>13-Apr-15</b>   | Gerhardt Smith at Australian Age Championships                     |
|          | 400 Free   | 4:26.26    | <b>13-Apr-15</b>   | Gerhardt Smith at Australian Age Championships                     |
|          | 800 Free   | 9:36.27    | <b>7-Mar-20</b>    | Kyan Davies at 2020 NSW Junior Metropolitan Championships          |
|          | 1500 Free  | 18:08.09   | <b>16-Oct-09</b>   | Benjamin Jalvo at Woy Woy SC Qualifying Carnival 2009              |
|          | 2500 Free  | 38.33      | <b>24-Oct-15</b>   | NSW Darcy Andrews at Nepean Aquatic Open Water 2015                |
|          | 5000 Free  | 1:02:47.00 | <b>20-Dec-19</b>   | Daniel Odonnell at 2019 NSW Open Water Championships               |
|          | 50 Back    | 30.65      | <b>19-Jan-15</b>   | Gerhardt Smith at 2015 NSW 13-18 Years State Age Championships     |
|          | 100 Back   | 1:04.31    | <b>13-Apr-15</b>   | Gerhardt Smith at Australian Age Championships                     |
|          | 200 Back   | 2:15.67    | <b>13-Apr-15</b>   | Gerhardt Smith at Australian Age Championships                     |
|          | 50 Breast  | 35.60      | <b>* 4-Jan-10</b>  | ears Age Championships Kyan Davies at SMNW 2019-2020 Senior Summer |
|          | 50 Breast  | 35.60      | <b>* 26-Oct-19</b> | Kyan Davies at SMNW 2019-2020 Senior Summer Championships          |
|          | 100 Breast | 1:14.84    | <b>4-Jan-10</b>    | Ryan Roche at 2010 NSW State 13-18 Years Age Championships         |
|          | 200 Breast | 2:37.28    | <b>4-Jan-10</b>    | Ryan Roche at 2010 NSW State 13-18 Years Age Championships         |
|          | 50 Fly     | 29.11      | <b>11-Oct-14</b>   | Jordan Fitzgerald at NUSwim 2014 Annual Qualifying Carnival        |
|          | 100 Fly    | 1:05.04    | <b>19-Jan-07</b>   | Brandon Sibir                                                      |
|          | 200 Fly    | 2:25.95    | <b>14-Oct-07</b>   | Blake Wigley at Ryde Challenge                                     |
|          | 200 IM     | 2:23.45    | <b>13-Apr-15</b>   | Gerhardt Smith at Australian Age Championships                     |
|          | 400 IM     | 5:03.70    | <b>4-Jan-10</b>    | Ryan Roche at 2010 NSW State 13-18 Years Age Championships         |
| 14-14    | 50 Free    | 24.76      | <b>28-Mar-16</b>   | Alex Quach at 2016 GHF Australian Age Championships                |
|          | 100 Free   | 53.65      | <b>28-Mar-16</b>   | Alex Quach at 2016 GHF Australian Age Championships                |
|          | 200 Free   | 2:02.06    | <b>28-Mar-16</b>   | Gerhardt Smith at Australian Age Championships                     |
|          | 400 Free   | 4:18.29    | <b>18-Jan-16</b>   | Gerhardt Smith at 2016 NSW 13-18 Years State Age Championships     |
|          | 800 Free   | 9:23.06    | <b>6-Mar-10</b>    | Benjamin Jalvo at 2010 NSW Qualifying Meet                         |
|          | 1500 Free  | 17:43.24   | <b>6-Mar-10</b>    | Benjamin Jalvo at 2010 SWIMMING NSW QUALIFYING MEET                |
|          | 5000 Free  | 1:03:40.03 | <b>12-Feb-16</b>   | Gerhardt Smith at 2016 Australian Open Water Championships         |
|          | 50 Back    | 28.99      | <b>* 4-Dec-15</b>  | Alex Quach at 2015 NSW Metropolitan Championships                  |
|          | 50 Back    | 28.99      | <b>* 31-Oct-15</b> | Alex Quach at SMNW 2015 Summer Championships                       |
|          | 100 Back   | 1:00.39    | <b>4-Mar-16</b>    | Alex Quach at 2016 NSW State Open Championships                    |
|          | 200 Back   | 2:10.82    | <b>28-Mar-16</b>   | Gerhardt Smith at 2016 GHF Australian Age Championships            |
|          | 50 Breast  | 33.63      | <b>15-Oct-11</b>   | Keegan Ross at 2011 SWIMMING NSW QUALIFYING MEET #1 DAY ON         |
|          | 100 Breast | 1:12.82    | <b>11-Jan-11</b>   | Ryan Roche at 2011 NSW State 13-18 Years Age Championships         |
|          | 200 Breast | 2:33.92    | <b>11-Jan-11</b>   | Ryan Roche at 2011 NSW State 13-18 Years Age Championships         |
|          | 50 Fly     | 27.06      | <b>31-Oct-15</b>   | Alex Quach at SMNW 2015 Summer Championships                       |
|          | 100 Fly    | 58.21      | <b>28-Mar-16</b>   | Alex Quach at 2016 GHF Australian Age Championships                |
|          | 200 Fly    | 2:07.86    | <b>28-Mar-16</b>   | Alex Quach at 2016 GHF Australian Age Championships                |
|          | 200 IM     | 2:10.96    | <b>28-Mar-16</b>   | Alex Quach at 2016 GHF Australian Age Championships                |
|          | 400 IM     | 4:44.39    | <b>28-Mar-16</b>   | Alex Quach at 2016 GHF Australian Age Championships                |
|          | 15-15      | 50 Free    | 24.24              | <b>12-Dec-16</b>                                                   |
| 100 Free |            | 53.05      | <b>16-Apr-17</b>   | Alex Quach at 2017 GHF Australian Age Championships                |
| 200 Free |            | 1:55.48    | <b>16-Apr-17</b>   | Alex Quach at 2017 GHF Australian Age Championships                |
| 400 Free |            | 4:08.76    | <b>10-Mar-23</b>   | Daniel Carter at 2023 NSW State Open Championships                 |

**RECORDS All LC Venues**

|       |            |            |                  |      |                                                                  |
|-------|------------|------------|------------------|------|------------------------------------------------------------------|
| 15-15 | 800 Free   | 8:50.30    | <b>10-Mar-23</b> |      | Daniel Carter at 2023 NSW State Open Championships               |
|       | 1500 Free  | 16:42.21   | <b>7-Apr-23</b>  |      | Daniel Carter at 2023 Australian Age & MC Age Championships      |
|       | 5000 Free  | 1:00:22.12 | <b>18-Dec-22</b> |      | Daniel Carter at 2022 NSW Open Water Championships               |
|       | 10000 Free | 2:06:30.00 | <b>20-Dec-14</b> |      | Ryan Wartmann at 2014 NSW State Age and Open Water Championships |
|       | 50 Back    | 29.25      | <b>10-Dec-23</b> |      | Joshua Hand at 2023-24 NSW Senior State Age Championships        |
|       | 100 Back   | 58.65      | <b>12-Dec-16</b> |      | Alex Quach at 2016-17 NSW 13-18 Years State Age Champs           |
|       | 200 Back   | 2:08.86    | <b>3-Mar-17</b>  |      | Alex Quach at NSW State Open Championships                       |
|       | 50 Breast  | 32.41      | <b>7-Apr-23</b>  |      | Orlando Lau at 2023 Australian Age & MC Age Championships        |
|       | 100 Breast | 1:10.78    | <b>11-Jan-11</b> |      | Joshua Guo at 2011 NSW State 13-18 Years Age Championships       |
|       | 200 Breast | 2:33.85    | <b>18-Apr-11</b> |      | Ryan Roche at Australian Age Championships                       |
|       | 50 Fly     | 27.05      | <b>15-Oct-16</b> |      | Jordan Fitzgerald at 2016 NSW LC Qualifying Meet                 |
|       | 100 Fly    | 57.08      | <b>25-Nov-16</b> |      | Alex Quach at NSW Metropolitan Championships                     |
|       | 200 Fly    | 2:07.89    | <b>25-Nov-16</b> |      | Alex Quach at NSW Metropolitan Championships                     |
|       | 200 IM     | 2:09.54    | <b>16-Apr-17</b> |      | Alex Quach at 2017 GHF Australian Age Championships              |
|       | 400 IM     | 4:45.12    | <b>29-Oct-16</b> |      | Alex Quach at SMNW 2016 Summer Championships                     |
| 16-16 | 50 Free    | 23.50      | <b>7-Apr-23</b>  |      | Caleb Yago at 2023 Australian Age & MC Age Championships         |
|       | 100 Free   | 51.87      | <b>7-Apr-23</b>  |      | Caleb Yago at 2023 Australian Age & MC Age Championships         |
|       | 200 Free   | 1:55.39    | <b>10-Dec-23</b> |      | Daniel Carter at 2023-24 NSW Senior State Age Championships      |
|       | 400 Free   | 4:05.07    | <b>10-Dec-23</b> |      | Daniel Carter at 2023-24 NSW Senior State Age Championships      |
|       | 800 Free   | 8:36.74    | <b>24-Feb-24</b> | THIL | Daniel Carter at 2024 NSW Senior Metropolitan Championships      |
|       | 1500 Free  | 16:29.02   | <b>19-Nov-23</b> | THIL | Daniel Carter at SOPAC LC Qualifying Meet                        |
|       | 5000 Free  | 1:00:45.91 | <b>17-Dec-23</b> |      | Daniel Carter at 2023 NSW Open Water Championships               |
|       | 10000 Free | 2:12:14.80 | <b>14-Feb-15</b> |      | Ryan Wartmann at Australian Open Water Championships 2015        |
|       | 50 Back    | 28.32      | <b>5-Nov-22</b>  |      | Caleb Yago at SMNW 2022 Summer Championships                     |
|       | 100 Back   | 1:01.48    | <b>14-Apr-14</b> |      | Christopher Teleki at Australian Age hampionships                |
|       | 200 Back   | 2:11.66    | <b>15-Mar-24</b> | THIL | Daniel Carter at 2024 NSW State Open Championships               |
|       | 50 Breast  | 31.75      | <b>10-Mar-23</b> |      | Zhi Yong Phang at 2023 NSW State Open Championships              |
|       | 100 Breast | 1:09.57    | <b>10-Mar-23</b> |      | Zhi Yong Phang at 2023 NSW State Open Championships              |
|       | 200 Breast | 2:30.34    | <b>15-Apr-19</b> |      | Hunter McEnally at 2019 HP Australian Age Championships          |
|       | 50 Fly     | 25.30      | <b>7-Apr-23</b>  |      | Caleb Yago at 2023 Australian Age & MC Age Championships         |
|       | 100 Fly    | 57.04      | <b>10-Dec-22</b> |      | Caleb Yago at 2022-23 NSW Senior State Age Championships         |
|       | 200 Fly    | 2:10.90    | <b>6-Apr-24</b>  | THIL | Daniel Carter at 2024 Australian Age & MC Age Championships      |
|       | 200 IM     | 2:10.34    | <b>6-Apr-24</b>  | THIL | Daniel Carter at 2024 Australian Age & MC Age Championships      |
|       | 400 IM     | 4:36.63    | <b>10-Dec-23</b> |      | Daniel Carter at 2023-24 NSW Senior State Age Championships      |
| 17-29 | 50 Free    | 22.96      | <b>10-Dec-23</b> |      | Caleb Yago at 2023-24 NSW Senior State Age Championships         |
|       | 100 Free   | 51.58      | <b>10-Dec-23</b> |      | Caleb Yago at 2023-24 NSW Senior State Age Championships         |
|       | 200 Free   | 1:55.94    | <b>2-Nov-24</b>  | THIL | Daniel Carter at SMNW 2024 Summer Championships                  |
|       | 400 Free   | 4:05.43    | <b>2-Nov-24</b>  | THIL | Daniel Carter at SMNW 2024 Summer Championships                  |
|       | 800 Free   | 9:14.97    | <b>13-Dec-08</b> |      | Mathew Hagglund at Metropolitan Championships                    |
|       | 1500 Free  | 17:10.73   | <b>22-Nov-14</b> |      | Christopher Teleki at SMNW Summer Championships 22 Nov 2014      |
|       | 5000 Free  | 57:29.00   | <b>20-Dec-19</b> |      | Darcy Andrews at 2019 NSW Open Water Championships               |
|       | 10000 Free | 2:14:59.36 | <b>12-Feb-16</b> |      | Ryan Wartmann at Australian Open Water Championships             |
|       | 50 Back    | 27.11      | <b>10-Dec-22</b> |      | Callum Thomas at 2022-23 NSW Senior State Age Championships      |
|       | 100 Back   | 57.95      | <b>15-Mar-24</b> | THIL | Callum Thomas at 2024 NSW State Open Championships               |
|       | 200 Back   | 2:03.60    | <b>17-Apr-24</b> | THIL | Callum Thomas at 2024 Australian Open Championships              |
|       | 50 Breast  | 30.30      | <b>15-Mar-19</b> |      | Nicholas Miller at 2019 NSW State Open Championships             |
|       | 100 Breast | 1:04.68    | <b>14-Apr-14</b> |      | Ryan Roche at Australian Age Championships                       |
|       | 200 Breast | 2:19.02    | <b>14-Apr-14</b> |      | Ryan Roche at Australian Age Championships                       |
|       | 50 Fly     | 24.96      | <b>10-Dec-23</b> |      | Caleb Yago at 2023-24 NSW Senior State Age Championships         |
|       | 100 Fly    | 56.65      | <b>6-Apr-24</b>  | THIL | Caleb Yago at 2024 Australian Age & MC Age Championships         |
|       | 200 Fly    | 2:09.91    | <b>4-Mar-16</b>  | THIL | Christopher Teleki at 2016 NSW State Open Championships          |
|       | 200 IM     | 2:03.61    | <b>17-Apr-24</b> | THIL | Callum Thomas at 2024 Australian Open Championships              |
|       | 400 IM     | 4:22.63    | <b>10-Jun-24</b> | THIL | Callum Thomas at 2024 Australian Swimming Trials                 |

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**RECORDS All LC Venues**

|        |            |            |                  |      |                                                          |
|--------|------------|------------|------------------|------|----------------------------------------------------------|
| 30 & O | 50 Free    | 29.30      | <b>14-Oct-18</b> | THIL | Kemton Cline at Ryde Carlile Challenge Cup               |
|        | 100 Free   | 1:05.61    | <b>16-Mar-18</b> | THIL | Kemton Cline at The Hills Club Championships 2018 Week 2 |
|        | 200 Free   | 2:30.36    | <b>23-Mar-18</b> | THIL | Kemton Cline at The Hills Club Championships 2018 Week 3 |
|        | 400 Free   | 5:16.71 *  | <b>2-Mar-18</b>  | THIL | Kemton Cline at The Hills Week Friday Night 2017/19      |
|        | 400 Free   | 5:16.71 *  | <b>2-Mar-18</b>  | THIL | Kemton Cline at The Hills Long Distance Friday Night     |
|        | 800 Free   | 11:09.04   | <b>8-Mar-19</b>  | THIL | Kemton Cline at The Hills Long Distance Friday Night     |
|        | 1500 Free  | 22:34.29   | <b>19-Jan-18</b> | THIL | Kemton Cline at The Hills Week 15 Friday Night 2017/18   |
|        | 5000 Free  | 1:28:44.52 | <b>22-Oct-17</b> | THIL | Kemton Cline at 2017 MSW Open Water Championships        |
|        | 50 Back    | 35.09      | <b>14-Oct-18</b> | THIL | Kemton Cline at Ryde Carlile Challenge Cup               |
|        | 100 Back   | 1:17.42    | <b>15-Mar-19</b> | THIL | Kemton Cline at The Hills Club Championships 2019 Week 1 |
|        | 200 Back   | 2:52.08    | <b>22-Feb-19</b> | THIL | Kemton Cline at The Hills Week 20 Friday Night 2018/19   |
|        | 50 Breast  | 36.23      | <b>4-Nov-17</b>  | THIL | Kemton Cline at SMNW 2017 Summer Championships           |
|        | 100 Breast | 1:22.21    | <b>14-Oct-18</b> | THIL | Kemton Cline at Ryde Carlile Challenge Cup               |
|        | 200 Breast | 3:03.15    | <b>14-Oct-18</b> | THIL | Kemton Cline at Ryde Carlile Challenge Cup               |
|        | 50 Fly     | 32.16      | <b>15-Mar-19</b> | THIL | Kemton Cline at The Hills Club Championships 2019 Week 1 |
|        | 100 Fly    | 1:17.12    | <b>14-Oct-18</b> | THIL | Kemton Cline at Ryde Carlile Challenge Cup               |
|        | 200 Fly    | 3:16.03    | <b>18-Oct-19</b> | THIL | Kemton Cline at The Hills Week 6 Friday Night 2019/2020  |
|        | 200 IM     | 2:47.68    | <b>16-Mar-18</b> | THIL | Kemton Cline at The Hills Club Championships 2018 Week 2 |
|        | 400 IM     | 6:16.19    | <b>6-Dec-19</b>  | THIL | Kemton Cline at The Hills Week 13 Friday Night 2019/2020 |