
RECORDS All LC Venues
LC Meters-Women

3-3	50 Free	2:39.06	25-Feb-84	Joanne Fleming
	50 Back	2:53.58	9-Nov-07	Tara O'Malley
4-4	50 Free	1:07.82	29-Jan-88	Crista Fleming
	50 Back	1:25.69	5-Nov-00	Maddison Carnegie
5-5	50 Free	59.38	13-Feb-04	Emma Ralphs
	100 Free	2:13.08	17-Oct-14	Suzanna Andrews at The Hills Friday Night
	200 Free	4:44.48	17-Oct-14	Suzanna Andrews at The Hills Friday Night
	50 Back	1:05.97	13-Feb-04	Emma Ralphs
	100 Back	2:23.30	17-Oct-14	Suzanna Andrews at The Hills Friday Night
	200 Back	5:32.26	14-Nov-14	Suzanna Andrews at The Hills Friday Night
	50 Breast	1:18.49	11-Oct-02	Maddison Carnegie
	50 Fly	1:17.82	21-Nov-14	Suzanna Andrews at The Hills Friday Night
6-6	50 Free	45.20	1-Jan-70	Joanne Tonner
	100 Free	1:54.65	16-Oct-15	Suzanna Andrews at The Hills Friday Night
	200 Free	3:55.21	27-Nov-15	Suzanna Andrews at The Hills Friday Night
	400 Free	8:52.45	27-Mar-15	Suzanna Andrews at The Hills Long Distance Night 2015
	50 Back	52.56	29-Nov-15	Suzanna Andrews at MSW Long Course Qualifying Meet
	100 Back	2:06.69	20-Nov-15	Suzanna Andrews at The Hills Friday Night
	200 Back	4:33.11	30-Oct-15	Suzanna Andrews at The Hills Friday Night
	50 Breast	1:07.93	3-Feb-18	Chand Dhatt at The Hills Swimming U12 Development Meet
	100 Breast	2:20.71	4-Dec-15	Suzanna Andrews at The Hills Friday Night
	50 Fly	1:01.26	27-Nov-15	Suzanna Andrews at The Hills Friday Night
	200 IM	5:04.27	13-Mar-15	Suzanna Andrews at The Hills Club Championships 2015
	7-7	50 Free	38.87	29-Oct-16
100 Free		1:32.59	11-Nov-16	Suzanna Andrews at The Hills Friday Night
200 Free		3:25.70	30-Sep-16	Suzanna Andrews at The Hills Friday Night
400 Free		6:57.21	31-Jan-03	Gabrielle Ralphs
800 Free		17:51.14	26-Mar-82	Bronwyn Lee
50 Back		45.29	29-Oct-16	Suzanna Andrews at SMNW Summer Championships
100 Back		1:40.79	7-Oct-16	Suzanna Andrews at The Hills Friday Night
200 Back		3:34.82	11-Nov-16	Suzanna Andrews at The Hills Friday Night
50 Breast		58.60	21-Feb-03	Gabrielle Ralphs
100 Breast		2:06.87	25-Nov-16	Suzanna Andrews at The Hills Friday Night
200 Breast		4:32.74	14-Feb-03	Gabrielle Ralphs
50 Fly		45.85	29-Oct-16	Suzanna Andrews at SMNW Summer Championships
100 Fly		1:50.07	2-Dec-16	Suzanna Andrews at The Hills Friday Night
200 IM		3:36.56	25-Nov-16	Suzanna Andrews at The Hills Friday Night
8-8	50 Free	35.61	16-Sep-17	Suzanna Andrews at Blacktown City LC Qualifying M
	100 Free	1:20.64	8-Dec-17	Suzanna Andrews at The Hills Friday Night
	200 Free	2:56.59	29-Sep-17	Suzanna Andrews at The Hills Friday Night
	400 Free	6:18.17	20-Oct-17	Suzanna Andrews at The Hills Friday Night
	800 Free	13:12.37	26-Mar-04	Gabrielle Ralphs
	50 Back	40.47	4-Nov-17	Suzanna Andrews at SMNW 2017 Summer Championships
	100 Back	1:29.58	16-Sep-17	Suzanna Andrews at Blacktown City LC Qualifying M
200 Back	3:13.72	27-Oct-17	Suzanna Andrews at The Hills Friday Night	

RECORDS All LC Venues

8-8	50 Breast	50.30	8-Mar-14	Amelia Harvie at Speedo Sprint Series - Finals	
	100 Breast	1:52.94	30-Nov-01	Kirstie Meertens	
	200 Breast	3:52.62	8-Dec-17	Suzanna Andrews at The Hills Friday Night	
	50 Fly	39.82	4-Nov-17	Suzanna Andrews at SMNW Summer Championships	
	100 Fly	1:34.79	22-Sep-17	Suzanna Andrews at The Hills Friday Night	
	200 IM	3:22.04	12-Nov-17	Suzanna Andrews at Auburn swim club qualifying meet 12-11-2017	
	400 IM	7:02.47	17-Nov-17	Suzanna Andrews at The Hills Friday Night	
9-9	50 Free	32.88	20-May-01	Amy Bannatyne	
	100 Free	1:14.58	23-Sep-07	Jessica Payne at Blacktown	
	200 Free	2:43.47	26-Oct-18	Suzanna Andrews at The Hills Friday Night	
	400 Free	5:40.50	19-Oct-18	Suzanna Andrews at The Hills Friday Night	
	800 Free	12:15.18	15-Oct-04	Gabrielle Ralphs	
	1500 Free	22:41.39	1-Apr-05	Gabrielle Ralphs	
	50 Back	38.21	13-Oct-18	Suzanna Andrews at 2018 NSW Achiever Squad Meet	
	100 Back	1:22.97	7-Oct-18	Suzanna Andrews at SMNW LC Qualifying Meet	
	200 Back	3:12.09	13-Oct-06	Maddison Carnegie	
	50 Breast	43.63	9-Mar-08	Taylah Pollard-Hughes at 2008 Speedo Sprint Series Finals	
	100 Breast	1:34.56	12-Jan-08	Taylah Pollard-Hughes at 2008 NSW 10/U - 12 Years Age Championships	
	200 Breast	3:21.26	22-Feb-08	Taylah Pollard-Hughes	
	50 Fly	37.83	9-Mar-13	Grace Michell at Speedo Sprint Series - Finals	
	100 Fly	1:26.74	16-Jan-15	Mia Feltham at NSW 10U-12 Years State Age Championships	
	200 Fly	3:41.05	3-Dec-04	Gabrielle Ralphs	
	200 IM	3:06.78	20-May-01	Amy Bannatyne	
	400 IM	6:35.71	14-Dec-18	Suzanna Andrews at The Hills Friday Night	
	10-10	50 Free	30.81	12-May-02	Amy Bannatyne
		100 Free	1:09.00	21-Sep-08	Jessica Payne at Club Challenge Cup 2008
200 Free		2:29.44	26-Oct-19	Suzanna Andrews at SMNW 2019-2020 Senior Summer Championships	
400 Free		5:23.16	6-Dec-19	Suzanna Andrews at The Hills Friday Night	
800 Free		11:02.77	8-Nov-19	Suzanna Andrews at The Hills Friday Night	
1500 Free		22:47.93	29-Sep-06	Alicia Van Arkel	
50 Back		36.56	26-Oct-19	Suzanna Andrews at SMNW 2019-2020 Senior Summer Championships	
100 Back		1:19.10	2-Mar-19	Suzanna Andrews at 2019 NSW Junior Metropolitan Championships	
200 Back		2:53.50	18-Oct-19	Suzanna Andrews at The Hills Friday Night	
50 Breast		40.21	31-Jan-09	Taylah Pollard-Hughes at CIA & THSC Carnival	
100 Breast		1:26.27	13-Dec-08	Taylah Pollard-Hughes at Metropolitan Championships	
200 Breast		3:11.92	1-Mar-09	Taylah Pollard-Hughes at Liverpool	
50 Fly		34.59	8-Mar-14	Grace Michell at Speedo Sprint Series - Finals	
100 Fly		1:17.49	7-Dec-13	Grace Michell at NSW Metropolitan Championships	
200 Fly		2:54.63	1-Mar-02	Amy Bannatyne	
200 IM		2:49.04	10-Jan-09	Taylah Pollard-Hughes at NSW State Age	
400 IM		6:02.68	27-Mar-09	Taylah Pollard-Hughes	
11-11		50 Free	29.64	7-Jan-12	Rebekah Sefton at NSW State 10/U - 12 Years Age Championships
		100 Free	1:05.30	7-Jan-12	Rebekah Sefton at NSW State 10/U - 12 Years Age Championships
	200 Free	2:17.76	7-Jan-12	Rebekah Sefton at NSW State 10/U - 12 Years Age Championships	
	400 Free	5:06.53	14-Nov-09	Taylah Pollard-Hughes at Swimming Metro North West Summer Championship	
	800 Free	10:22.77	8-Nov-02	Amy Bannatyne	
	1500 Free	21:12.79	29-Sep-06	Nicole Vela	
	2500 Free	37.41	21-Dec-14	Georgia Oosterbeek at JX 2.5KM OWS	
50 Back	35.25	4-Feb-12	Rebekah Sefton at Speedo Sprint Series - Heats		

RECORDS All LC Venues

11-11	100	Back	1:15.09	10-Dec-11	Rebekah Sefton at NSW Grand Prix Meet
	200	Back	2:38.87	5-Nov-11	Rebekah Sefton at SMNW Summer Championships 2011
	50	Breast	37.47	10-Dec-11	Brooke Peterson at NSW Grand Prix Meet
	100	Breast	1:22.47	12-Dec-09	Taylah Pollard-Hughes at NSW Metropolitan Championships
	200	Breast	2:58.27	14-Nov-09	Taylah Pollard-Hughes at Swimming Metro North West Summer Championship
	50	Fly	31.79	11-Oct-13	Kumiko Delaney at Woy Woy LC Qualifying Meet 11-12 Oct 2013
	100	Fly	1:13.59	16-Jan-10	Taylah Pollard Hughes at NSW State 10/U-12 Years Age Championship
	200	Fly	2:41.59	11-Oct-13	Kumiko Delaney at Woy Woy LC Qualifying Meet 11-12 Oct 2013
	200	IM	2:38.74	7-Jan-12	Rebekah Sefton at NSW State 10/U - 12 Years Age Championships
	400	IM	5:47.84	18-Oct-02	Amy Bannatyne
12-12	50	Free	28.43	8-Dec-12	Rebekah Sefton at NSW Grand Prix Meet
	100	Free	1:01.61	8-Dec-12	Rebekah Sefton at NSW Grand Prix Meet
	200	Free	2:13.40	5-Jan-13	Rebekah Sefton at NSW 10U-12 Years State Age Championships
	400	Free	4:41.26	5-Jan-13	Rebekah Sefton at NSW 10U-12 Years State Age Championships
	800	Free	10:07.06	26-Sep-08	Emma Payne at Club
	1500	Free	20:09.50	29-Sep-06	Alison Jalvo
	2500	Free	40.23	24-Oct-15	Trinity Loader at Nepean Aquatic Open Water
	5000	Free	1:13:46.40	13-Dec-13	Lauren Wheeler at NSW State Age and Open Water
	50	Back	33.50	9-Mar-13	Rebekah Sefton at Speedo Sprint Series - Finals
	100	Back	1:10.11	28-Mar-16	Kaitlin Teleki at 2016 GHF Australian Age Championships
	200	Back	2:27.16	28-Mar-16	Kaitlin Teleki at 2016 GHF Australian Age Championships
	50	Breast	36.73	3-Mar-12	Brooke Peterson at NSW Metropolitan Championships
	100	Breast	1:20.76	9-Apr-12	Brooke Peterson at Australian Age Championships
	200	Breast	2:57.35	3-Mar-12	Brooke Peterson at NSW Metropolitan Championships
	50	Fly	30.63	* 12-Feb-10	Baylee Forbes at NSW State Open Championships
	50	Fly	30.63	* 14-Nov-09	Baylee Forbes at Swimming Metro N W Championship
	100	Fly	1:07.92	6-Apr-10	Baylee Forbes at State Age Championships
	200	Fly	2:31.85	21-Sep-08	Emma Payne at Club Challenge Cup
	200	IM	2:33.17	10-Nov-12	Rebekah Sefton at SMNW Summer Championships 2012
	400	IM	5:48.46	4-Apr-08	Emma Payne
13-13	50	Free	27.87	20-Jan-14	Rebekah Sefton at NSW 13-18 Years State Age Championships
	100	Free	59.73	20-Jan-14	Rebekah Sefton at NSW 13-18 Years State Age Championships
	200	Free	2:06.41	20-Jan-14	Rebekah Sefton at NSW 13-18 Years State Age Championships
	400	Free	4:30.62	20-Jan-14	Rebekah Sefton at NSW 13-18 Years State Age Championships
	800	Free	9:22.98	20-Jan-14	Rebekah Sefton at NSW 13-18 Years State Age Championships
	1500	Free	19:26.39	28-Sep-07	Alison Jalvo
	2500	Free	38.53	24-Oct-15	Ashlee Bloomfield at Nepean Aquatic Open Water 2015
	5000	Free	1:06:29.58	13-Dec-13	Rebekah Sefton at 2014 NSW State Age and Open Water
	50	Back	32.78	8-Dec-06	Kirstie Meertens
	100	Back	1:09.54	3-Mar-17	Kaitlin Teleki at NSW State Open Championships
	200	Back	2:24.26	16-Apr-17	Kaitlin Teleki at 2017 GHF Australian Age Championships
	50	Breast	35.50	7-Dec-13	Brooke Peterson at NSW Metropolitan Championships
	100	Breast	1:18.52	7-Dec-13	Brooke Peterson at NSW Metropolitan Championships
	200	Breast	2:45.45	29-Nov-15	Makayla Oosterbeek at 2015 MSW Long Course Qualifying Meet
	50	Fly	30.02	6-Apr-10	Baylee Forbes at Australian Age
	100	Fly	1:04.27	6-Apr-10	Baylee Forbes at Australian Age
	200	Fly	2:24.66	13-Apr-15	Kumiko Delaney at 2015 GHF Australian Age Championships
	200	IM	2:27.36	20-Jan-14	Rebekah Sefton at NSW 13-18 Years State Age Championships
	400	IM	5:12.65	20-Jan-14	Rebekah Sefton at NSW 13-18 Years State Age Championships

RECORDS All LC Venues

14-14	50 Free	26.86	19-Jan-15	Rebekah Sefton at 13-18 Years State Age Championships
	100 Free	58.94	19-Jan-15	Rebekah Sefton at 13-18 Years State Age Championships
	200 Free	2:04.63	19-Jan-15	Rebekah Sefton at 2015 NSW 13-18 Years State Age Championships
	400 Free	4:23.87	19-Jan-15	Rebekah Sefton at 13-18 Years State Age Championships
	800 Free	9:08.90	13-Dec-14	Rebekah Sefton at 2014 McDonalds Queensland Championships
	1500 Free	19:13.78	31-Mar-00	Georgia Smith
	5000 Free	1:05:02.22	9-Nov-13	Hannah Payne at NSW State Age and Open Water
	10000 Free	2:19:07.93	9-Nov-13	Hannah Payne at Berry Rickards Open Water
	50 Back	31.13	15-Dec-07	Kirstie Meertens at NSW Metropolitan Championships
	100 Back	1:05.50	14-Jan-08	Kirstie Meertens at NSW 13-18 Years Age Championships
	200 Back	2:20.99	14-Jan-08	Kirstie Meertens at NSW 13-18 Years Age Championships
	50 Breast	35.35 *	6-Dec-14	Brooke Peterson at NSW Metropolitan Championships
	50 Breast	35.35 *	22-Nov-14	Brooke Peterson at SMNW Summer Championships 22 Nov 2014
	100 Breast	1:17.19	21-Apr-18	Loryn Gordon at 2018 GHF Australian Age Championships
	200 Breast	2:47.50	21-Apr-18	Loryn Gordon at 2018 GHF Australian Age Championships
	50 Fly	29.48	1-Apr-11	Baylee Forbes at Australian Open Championships
	100 Fly	1:04.75	18-Apr-11	Baylee Forbes at Australian Age
	200 Fly	2:24.97	18-Jan-16	Kumiko Delaney at NSW 13-18 Years State Age Championships
	200 IM	2:25.59	19-Jan-15	Rebekah Sefton at NSW 13-18 Years State Age Championships
	400 IM	5:07.84	19-Jan-15	Rebekah Sefton at NSW 13-18 Years State Age Championships
15-15	50 Free	26.64	18-Jan-16	Rebekah Sefton at NSW 13-18 Years State Age Championships
	100 Free	57.76	18-Jan-16	Rebekah Sefton at NSW 13-18 Years State Age Championships
	200 Free	2:04.10	18-Jan-16	Rebekah Sefton at NSW 13-18 Years State Age Championships
	400 Free	4:23.70	13-Dec-08	Kirstie Meertens at Metropolitan Championships
	800 Free	9:06.70	13-Apr-15	Rebekah Sefton at GHF Australian Age Championships
	1500 Free	18:32.80	30-Mar-01	Georgia Smith
	5000 Free	1:06:23.23	8-Nov-14	Hannah Payne at MSW Open Water Championships
	50 Back	30.49	13-Dec-08	Kirstie Meertens at Metropolitan Championships
	100 Back	1:02.99	5-Jan-09	Kirstie Meertens at NSW State Age
	200 Back	2:19.24	9-Apr-09	Kirstie Meertens at Australian Age
	50 Breast	35.63	15-Mar-19	Loryn Gordon at 2019 NSW State Open Championships
	100 Breast	1:14.94	15-Apr-19	Loryn Gordon at 2019 HP Australian Age Championships
	200 Breast	2:43.07	15-Apr-19	Loryn Gordon at 2019 HP Australian Age Championships
	50 Fly	29.36	1-Apr-11	Emma Payne at Australian Open Championships
	100 Fly	1:04.29	11-Jan-11	Emma Payne at NSW State 13-18 Age Championships
	200 Fly	2:21.08	6-Dec-14	Rachel Wood at NSW Metropolitan Championships
	200 IM	2:23.68	13-Apr-15	Rebekah Sefton at GHF Australian Age Championships
	400 IM	4:59.53	13-Dec-14	Rachel Wood at 2014 McDonalds Queensland Championships
16-16	50 Free	26.56	12-Dec-16	Rebekah Sefton at NSW 13-18 Years State Age Championships
	100 Free	57.02	28-Mar-16	Rebekah Sefton at 2016 GHF Australian Age Championships
	200 Free	2:02.49	28-Mar-16	Rebekah Sefton at 2016 GHF Australian Age Championships
	400 Free	4:20.65	12-Dec-16	Rebekah Sefton at NSW 13-18 Years State Age Championships
	800 Free	9:00.80	13-Apr-15	Rachel Wood at GHF Australian Age Championships
	1500 Free	18:32.85	11-Oct-13	Maddison Carnegie at Woy Woy LC Qualifying Meet 11-12 Oct 2013
	5000 Free	1:04:08.79	19-Dec-15	NSW Annabelle Woodbury at NSW State Age and Open 5km/10km OWS
	10000 Free	2:09:51.93	19-Dec-15	Hannah Payne at NSW State Age and Open 5km/10km OWS
	50 Back	29.29	13-Feb-09	Kirstie Meertens at NSW State Open
	100 Back	1:03.93	13-Feb-09	Kirstie Meertens at NSW State Open & Aust Age 15/4/09
	200 Back	2:22.82	21-Mar-09	Kirstie Meertens at Australian Open
	50 Breast	35.22	12-Jan-01	Prudence Brown

RECORDS All LC Venues

16-16	100 Breast	1:15.73	26-Oct-19		Loryn Gordon at SMNW 2019-2020 Senior Summer Championships
	200 Breast	2:41.03	2-Mar-01		Prudence Brown
	50 Fly	29.11	15-Mar-12		Emma Payne at EnergyAustralia Swimming Championships
	100 Fly	1:02.75	10-Jan-12		Emma Payne at NSW State Age 13-18 Years Championships
	200 Fly	2:18.04	10-Jan-12		Emma Payne at NSW State Age 13-18 Years Championships
	200 IM	2:21.97	13-Apr-15		Rachel Wood at GHF Australian Age Championships
	400 IM	4:53.19	13-Apr-15		Rachel Wood at 2015 GHF Australian Age Championships
17-29	50 Free	26.72	13-Dec-14		Emma Payne at McDonalds Queensland Championships
	100 Free	57.33	14-Apr-14		Emma Payne at GHSF Australian Age & MC Championships
	200 Free	2:04.29	14-Apr-14		Emma Payne at GHSF Australian Age & MC Championships
	400 Free	4:23.06	16-Apr-17		Rebekah Sefton at GHF Australian Age Championships
	800 Free	9:03.45	8-Jan-13		Emma Payne at NSW 13-18 Years State Age Championships
	1500 Free	18:17.36	5-Nov-11		Alison Jalvo at SMNW Summer Championships 2011
	5000 Free	1:01:16.08	13-Dec-13		Emma Payne at NSW State Age and Open Water
	10000 Free	2:08:02.00	20-Dec-14		Emma Payne at NSW State Age and Open 5 and 10km OWS
	50 Back	30.58	13-Mar-20		Laura Boll at 2020 NSW State Open Championships
	100 Back	1:06.19	13-Dec-19		Laura Boll at 2019-20 NSW Senior State Age Championships
	200 Back	2:22.11	13-Dec-19		Laura Boll at 2019-20 NSW Senior State Age Championships
	50 Breast	35.09	1-Feb-02		Prudence Brown
	100 Breast	1:16.00	10-Mar-23		Harper Adams at NSW State Open Championships
	200 Breast	2:43.02	1-Mar-02		Prudence Brown
	50 Fly	29.64	30-Apr-13		Emma Payne at Woden National and State Qualifying Meet
	100 Fly	1:03.73	13-Dec-14		Emma Payne at McDonalds Queensland Championships
	200 Fly	2:21.05	13-Dec-14		Emma Payne at McDonalds Queensland Championships
	200 IM	2:21.37	28-Mar-16		Rachel Wood at 2016 GHF Australian Age Championships
	400 IM	4:56.84	28-Mar-16		Rachel Wood at 2016 GHF Australian Age Championships
	30 & 0	50 Free	30.62	10-Nov-17	
100 Free		1:09.90	27-Oct-17		Jenny Whiteley at The Hills Friday Night
200 Free		2:34.92	13-Dec-19	THIL	Jenny Whiteley at The Hills Friday Night
400 Free		5:18.46	15-Dec-17		Jenny Whiteley at The Hills Friday Night
800 Free		10:55.89	13-Sep-19	THIL	Jenny Whiteley at The Hills Friday Night
1500 Free		20:56.82	27-Sep-19		Jenny Whiteley at The Hills Friday Night
5000 Free		1:40:58.20	24-Jan-15	THIL	Sue Brown at Bridge to Bridge 5km Open Water 2015
50 Back		38.94	25-Oct-02		Terina Rose Jones
100 Back		1:26.79	25-Oct-19	THIL	Jenny Whiteley at The Hills Friday Night
200 Back		3:29.66	15-Nov-13		Jenny Whiteley at The Hills Friday Night
50 Breast		40.70	21-Feb-20	THIL	Jenny Whiteley at The Hills Club Championships 2020 Week 1
100 Breast		1:30.13	16-Feb-18	THIL	Jenny Whiteley at The Hills Friday Night
200 Breast		3:18.35	2-Feb-18		Jenny Whiteley at The Hills Friday Night
50 Fly		35.02	15-Dec-17	THIL	Jenny Whiteley at The Hills Friday Night
100 Fly		1:39.30	24-Jan-20	THIL	Natalie Clarence at The Hills Friday Night
200 IM		2:54.32	22-Feb-19	THIL	Jenny Whiteley at The Hills Friday Night
400 IM		7:15.22	28-Mar-14		Caroline Moeser at The Hills Long Distance Night

RECORDS All LC Venues
LC Meters-Men

4-4	50 Free	1:55.83	9-Mar-79	Andrew Eccleston
5-5	50 Free	1:06.59	21-Feb-14	James Easton Friday Night
	50 Back	1:25.14	23-Feb-07	Connor Shelley
	50 Breast	1:17.97	9-Feb-07	Connor Shelley
6-6	50 Free	49.80	24-Mar-79	Jayson Westbury
	100 Free	2:13.89	14-Mar-03	Kienan Bear
	50 Back	59.46	23-Feb-08	Connor R. Shelley at Castle Hill RSL Dolphins Invitation Carnival
	100 Back	2:19.42	28-Feb-97	Nick Johnson
	50 Breast	1:01.08	15-Feb-08	Connor Shelley
	100 Breast	2:23.32	14-Dec-07	Connor Shelley
	200 Breast	4:48.33	22-Feb-08	Connor Shelley
	50 Fly	1:09.87	8-Feb-08	Connor Shelley
	7-7	50 Free	40.80	7-Mar-03
100 Free		1:33.10	16-Feb-74	Jayson Westbury
200 Free		3:53.49	18-Mar-83	Elvio Lopez
400 Free		7:53.75	18-Mar-83	Evan Taylor
800 Free		16:51.50	18-Mar-83	Elvio Lopez
50 Back		50.90	16-Feb-74	Kyle Crossling
100 Back		1:59.88	7-Dec-12	Preston Andrews
200 Back		4:34.50	6-Feb-98	Nicholas Johnson
50 Breast		59.80	2-Feb-74	Kyle Crossling
100 Breast		2:13.99	20-Dec-96	Scott Lear
200 Breast		4:38.34	8-Dec-06	Nicholas Glasson
50 Fly		52.84	26-Feb-99	Aaron Martin
200 IM		4:09.93	12-Mar-99	Aaron Martin
8-8		50 Free	35.64	7-Apr-18
	100 Free	1:20.55	23-Mar-18	Riyon Mudannayake at Club Championships
	200 Free	3:03.43	2-Mar-18	Riyon Mudannayake at The Hills Long Distance Friday Night
	400 Free	6:26.19	18-Oct-02	Blake Wigley
	800 Free	14:23.01	21-Mar-86	Jeremy Faulkner
	50 Back	44.96	13-Nov-10	Curtis Kraus at SMNW Summer Championships
	100 Back	1:36.75	17-Nov-00	Alex Murray
	200 Back	3:19.38	10-Nov-00	Alex Murray
	50 Breast	47.28	* 7-Apr-18	Riyon Mudannayake at 2018 - Belgravia Cup
	50 Breast	47.28	* 23-Mar-18	Riyon Mudannayake at Club Championships
	100 Breast	1:49.47	28-Jan-00	Tunc Kaplan
	200 Breast	4:17.21	22-Feb-08	Nicholas Glasson
	50 Fly	41.97	1-Oct-99	Tunc Kaplan
	100 Fly	1:36.22	8-Oct-99	Tunc Kaplan
	200 IM	3:28.28	7-Apr-18	Riyon Mudannayake at 2018 - Belgravia Cup
9-9	50 Free	33.83	7-Feb-21	Cooper Williamson at Speedo Sprint - Heats
	100 Free	1:20.14	2-Nov-01	Matthew Hagglund
	200 Free	2:56.88	14-Dec-01	Alex Murray
	400 Free	6:03.22	14-Dec-01	Alex Murray
	800 Free	12:58.80	5-Apr-02	Daniel McRoberts

RECORDS All LC Venues

9-9	1500 Free	27:06.16	27-Mar-98	Nathan Charles
	50 Back	39.55	13-Mar-11	Gerhardt Smith at Speedo Sprint Series - Finals
	100 Back	1:30.15	18-Feb-05	Jeremy-Tunkunas-Scott
	200 Back	3:08.05	7-Dec-01	Alex Murray
	50 Breast	45.59	28-Sep-18	Riyon Mudannayake at The Hills Friday Night
	100 Breast	1:37.97	28-Sep-18	Riyon Mudannayake at The Hills Friday Night
	200 Breast	3:51.34	8-Feb-02	Tim Henuik
	50 Fly	39.93	12-Jan-01	Alex Murray
	100 Fly	1:34.54	2-Nov-01	Alex Murray
	200 Fly	3:52.09	14-Nov-14	Preston Andrews at The Hills Friday Night
	200 IM	3:15.34	9-Nov-01	Alex Murray
	400 IM	7:24.24	26-Sep-14	Aiden Hawron at The Hills Friday Night Week 1 2014
10-10	0 Free	39:57.00	24-Oct-15	Aiden Hawron at Nepean Aquatic Open Water
	50 Free	30.46	12-Dec-17	Alexander Clarence at NSW 10U-12 Years State Age Championships
	100 Free	1:06.09	12-Dec-17	Alexander Clarence at NSW 10U-12 Years State Age Championships
	200 Free	2:32.67	4-Nov-17	Alexander Clarence at SMNW 2017 Summer Championships
	400 Free	5:27.77	22-Oct-04	Blake Wigley
	800 Free	11:30.72	26-Oct-01	Aaron Carnegie
	1500 Free	22:13.78	30-Mar-01	Adam Hammonds
	50 Back	37.57	5-Nov-11	Gerhardt Smith at SMNW Summer Championships
	100 Back	1:19.35	24-Nov-17	Alexander Clarence at NSW Metropolitan Championships
	200 Back	2:55.25	4-Nov-17	Alexander Clarence at SMNW Summer Championships
	50 Breast	43.82	8-Feb-20	Finn McDonald at SMNW Junior Summer Championships
	100 Breast	1:34.40	8-Feb-20	Finn McDonald at SMNW Junior Summer Championships
	200 Breast	3:16.53	5-Jan-07	Ryan Roche
	50 Fly	34.92	25-Mar-18	Jeffrey Lu at 2018 CARLILE JX MEET
	100 Fly	1:20.88	24-Nov-17	Jeffrey Lu at NSW Metropolitan Championships
	200 Fly	3:08.25	8-Feb-02	Aaron Carnegie
	200 IM	2:57.70	12-Dec-17	Jeffrey Lu at NSW 10U-12 Years State Age Championships
	400 IM	6:17.99	1-Feb-02	Aaron Carnegie
11-11	50 Free	28.80	25-Jan-19	Alexander Clarence at Friday Night
	100 Free	1:04.37	19-Mar-04	Luke Herzog
	200 Free	2:22.16	27-Feb-04	Luke Herzog
	400 Free	4:56.02	26-Mar-04	Luke Herzog
	800 Free	10:56.12	26-Oct-01	Adam Hammonds
	1500 Free	19:59.57	2-Nov-18	Alexander Clarence at The Hills Friday Night
	2500 Free	39.20	24-Oct-15	Adam Dickson at Nepean Aquatic Open Water 2015
	50 Back	33.54	5-Nov-22	THIL Ethan Saunders at SMNW 2022 Summer Championships
	100 Back	1:14.79	10-Nov-12	Harrison Thomas at SMNW Summer Championships 2012
	200 Back	2:38.96	5-Jan-13	Gerhardt Smith at NSW 10U-12 Years State Age Championships
	50 Breast	38.88	12-Oct-19	Ned Cane 2019 NSW Junior Area Representative Meet
	100 Breast	1:28.73	20-Feb-04	Jordan Burden
	200 Breast	3:04.91	12-Jan-08	Ryan C. Roche at NSW 10/U - 12 Years Age Championships
	50 Fly	32.09	3-Feb-19	Alexander Clarence at SMNW Speedo Sprint Series - Heats
	100 Fly	1:15.99	14-Oct-18	Alexander Clarence at Ryde Carlile Challenge Cup
	200 Fly	2:47.04	7-Oct-05	Blake Wigley
	200 IM	2:43.70	5-Mar-04	Jordan Burden
	400 IM	5:51.73	14-Oct-05	Blake Wigley
12-12	50 Free	27.74	14-Oct-17	Eric Lee at NSW LC Qualifying Meet

RECORDS All LC Venues

12-12	100 Free	1:00.56	14-Oct-17		Eric Lee at NSW LC Qualifying Meet
	200 Free	2:13.36	26-Oct-19		Alexander Clarence at SMNW 2019-2020 Senior Summer Championships
	400 Free	4:38.88	8-Feb-20		Alexander Clarence at SMNW 2019-2020 Junior Summer Championships
	800 Free	9:45.58	30-Mar-19	THIL	Kyan Davies at 2019 NSW Junior State Age Championships
	1500 Free	19:15.94	29-Sep-06		Andrew Payne
	2500 Free	35:31.73	9-Dec-17	NSW	Preston Andrews at State Open & Age OWS 2017
	5000 Free	1:08:27.41	13-Dec-13		Gerhardt Smith at 2013 NSW State Age and Open Water
	50 Back	32.74	1-Feb-14		Gerhardt Smith at Speedo Sprint Series - Heats
	100 Back	1:08.24	23-Mar-14		Gerhardt Smith at CARLILE JX MEET 2014
	200 Back	2:25.49	14-Apr-14		Gerhardt Smith at GHSF Australian Age & MC Championships
	50 Breast	37.31	29-Feb-20		Ned Cane at 2020 Speedo Sprint Series - Finals
	100 Breast	1:22.15	20-Feb-09		Ryan Tsang at Club
	200 Breast	2:56.44	30-Mar-19		Kyan Davies at 2019 NSW Junior State Age Championships
	50 Fly	31.32	29-Feb-20		Alexander Clarence at Speedo Sprint Series - Finals
	100 Fly	1:09.06	10-Feb-06		Brandon Sibir
	200 Fly	2:32.52	3-Feb-06		Brandon Sibir
	200 IM	2:35.65	10-Jan-09		Ryan Tsang at NSW State Age
	400 IM	5:28.53	6-Oct-06		Blake Wigley
13-13	50 Free	26.80	21-Apr-18		Preston Andrews at 2018 GHF Australian Age Championships
	100 Free	58.74	13-Apr-15		Gerhardt Smith at GHF Australian Age Championships
	200 Free	2:06.89	13-Apr-15		Gerhardt Smith at GHF Australian Age Championships
	400 Free	4:26.26	13-Apr-15		Gerhardt Smith at GHF Australian Age Championships
	800 Free	9:36.27	7-Mar-20		Kyan Davies at 2020 NSW Junior Metropolitan Championships
	1500 Free	18:08.09	16-Oct-09		Benjamin Jalvo at Woy Woy SC Qualifying Carnival 2009
	2500 Free	38.33	24-Oct-15		Darcy Andrews at Nepean Aquatic Open Water 2015
	5000 Free	1:02:47.00	20-Dec-19		Daniel Odonnell at 2019 NSW Open Water Championships
	50 Back	30.65	19-Jan-15		Gerhardt Smith at 2015 NSW 13-18 Years State Age Championships
	100 Back	1:04.31	13-Apr-15		Gerhardt Smith at GHF Australian Age Championships
	200 Back	2:15.67	13-Apr-15		Gerhardt Smith at GHF Australian Age Championships
	50 Breast	35.60	4-Jan-10	*	Kyan Daies at SMNW 2019-2020 Senior Summer Championships
	50 Breast	35.60	26-Oct-19	*	Kyan Davies at SMNW 2019-2020 Senior Summer Championships
	100 Breast	1:14.84	4-Jan-10		Ryan Roche at NSW State 13-18 Years Age Championships
	200 Breast	2:37.28	4-Jan-10		Ryan Roche at NSW State 13-18 Years Age Championships
	50 Fly	29.11	11-Oct-14		Jordan Fitzgerald at NUSwim 2014 Annual Qualifying Carnival
	100 Fly	1:05.04	19-Jan-07		Brandon Sibir
	200 Fly	2:25.95	14-Oct-07		Blake Wigley at Ryde Challenge
	200 IM	2:23.45	13-Apr-15		Gerhardt Smith at GHF Australian Age Championships
	400 IM	5:03.70	4-Jan-10		Ryan Roche at 2010 NSW State 13-18 Years Age Championships
14-14	50 Free	24.76	28-Mar-16		Alex Quach at 2016 GHF Australian Age Championships
	100 Free	53.65	28-Mar-16		Alex Quach at 2016 GHF Australian Age Championships
	200 Free	2:02.06	28-Mar-16		Gerhardt Smith at 2016 GHF Australian Age Championships
	400 Free	4:18.29	18-Jan-16		Gerhardt Smith at 2016 NSW 13-18 Years State Age Championships
	800 Free	9:23.06	6-Mar-10	THIL	Benjamin Jalvo at NSW Qualifying Meet
	1500 Free	17:43.24	6-Mar-10		Benjamin Jalvo at NSW Qualifying Meet
	5000 Free	1:03:40.03	12-Feb-16		Gerhardt Smith at 2016 Australian Open Water Championships
	50 Back	28.99	4-Dec-15	*	Alex Quach at 2015 NSW Metropolitan Championships
	50 Back	28.99	31-Oct-15	*	Alex Quach at SMNW 2015 Summer Championships
	100 Back	1:00.39	4-Mar-16		Alex Quach at 2016 NSW State Open Championships
	200 Back	2:10.82	28-Mar-16		Gerhardt Smith at 2016 GHF Australian Age Championships
	50 Breast	33.63	15-Oct-11		Keegan Ross at 2011 SWIMMING NSW QUALIFYING MEET #1 DAY ONE

RECORDS All LC Venues

14-14	100	Breast	1:12.82	11-Jan-11		Ryan Roche at 2011 NSW State 13-18 Years Age Championships
	200	Breast	2:33.92	11-Jan-11		Ryan Roche at 2011 NSW State 13-18 Years Age Championships
	50	Fly	27.06	31-Oct-15		Alex Quach at SMNW 2015 Summer Championships
	100	Fly	58.21	28-Mar-16		Alex Quach at 2016 GHF Australian Age Championships
	200	Fly	2:07.86	28-Mar-16		Alex Quach at 2016 GHF Australian Age Championships
	200	IM	2:10.96	28-Mar-16		Alex Quach at 2016 GHF Australian Age Championships
	400	IM	4:44.39	28-Mar-16		Alex Quach at 2016 GHF Australian Age Championships
15-15	50	Free	24.24	12-Dec-16		Alex Quach at 2016-17 NSW 13-18 Years State Age Champs
	100	Free	53.05	16-Apr-17		Alex Quach at 2017 GHF Australian Age Championships
	200	Free	1:55.48	16-Apr-17		Alex Quach at 2017 GHF Australian Age Championships
	400	Free	4:08.76	10-Mar-23		Daniel Carter at NSW State Open
	800	Free	8:48.71	17-Feb-23	THIL	Daniel Carter at The Hills Club Night Wk16 17/02/23
	1500	Free	16:42.21	7-Apr-23	THIL	Daniel Carter at 2023 Australian Age & MC Age Championships
	5000	Free	1:00:22.12	18-Dec-22	THIL	Daniel Carter at 2022 NSW Open Water Championships
	7500	Free	1:32:28.85	18-Dec-22	THIL	Daniel Carter at 2022 NSW Open Water Championships
	10000	Free	2:06:30.00	20-Dec-14		Ryan Wartmann at 2014 NSW State Age and Open Water Championships
	50	Back	29.61	26-Oct-19		Callum Thomas at SMNW 2019-2020 Senior Summer Championships
	100	Back	58.65	12-Dec-16		Alex Quach at 2016-17 NSW 13-18 Years State Age Champs
	200	Back	2:08.86	3-Mar-17		Alex Quach at 2017 NSW State Open Championships
	50	Breast	32.41	7-Apr-23	THIL	Orlando Lau at 2023 Australian Age & MC Age Championships
	100	Breast	1:10.78	11-Jan-11		Joshua Guo at NSW State 13-18 Years Age Championships
	200	Breast	2:33.85	18-Apr-11		Ryan Roche at Australian Age Championships
	50	Fly	26.95	28-Mar-16		Jordan Fitzgerald at 2016 GHF Australian Age Championships
	100	Fly	57.08	25-Nov-16		Alex Quach at NSW Metropolitan Championships
	200	Fly	2:07.89	25-Nov-16		Alex Quach at NSW Metropolitan Championships
	200	IM	2:09.54	16-Apr-17		Alex Quach at 2017 GHF Australian Age Championships
	400	IM	4:45.12	29-Oct-16		Alex Quach at SMNW 2016 Summer Championships
16-16	50	Free	23.50	7-Apr-23	THIL	Caleb Yago at 2023 Australian Age & MC Age Championships
	100	Free	51.87	7-Apr-23	THIL	Caleb Yago at 2023 Australian Age & MC Age Championships
	200	Free	1:59.91	10-Dec-22	THIL	Caleb Yago at 2022-23 NSW Senior State Age Championships
	400	Free	4:09.12	13-Dec-19		Alex Weeks at 2019-20 NSW Senior State Age Championships
	800	Free	8:39.77	13-Dec-19		Alex Weeks at 2019-20 NSW Senior State Age Championships
	1500	Free	16:36.84	13-Dec-19		Alex Weeks at 2019-20 NSW Senior State Age Championships
	5000	Free	57:10.32	25-Jan-23		Daniel Carter at 2023 Australian Open Water Championships
	7500	Free	1:28:52.40	25-Jan-23		Daniel Carter
	10000	Free	2:12:14.80	14-Feb-15		Ryan Wartmann at Australian Open Water Championships 2015
	50	Back	28.32	5-Nov-22	THIL	Caleb Yago at SMNW 2022 Summer Championships
	100	Back	1:01.48	14-Apr-14		Christopher Teleki at GHSF Australian Age & MC Championships
	200	Back	2:12.74	14-Apr-14		Christopher Teleki at GHSF Australian Age & MC Championships
	50	Breast	31.75	10-Mar-23		Zhi Yong Phang at NSW State Open
	100	Breast	1:09.57	10-Mar-23	THIL	Zhi Yong Phang at NSW State Open
	200	Breast	2:30.34	15-Apr-19		Hunter McEnnally at 2019 HP Australian Age Championships
	50	Fly	25.30	7-Apr-23	THIL	Caleb Yago at 2023 Australian Age & MC Age Championships
	100	Fly	57.04	10-Dec-22	THIL	Caleb Yago at 2022-23 NSW Senior State Age Championships
	200	Fly	2:15.12	15-Oct-22	THIL	Caleb Yago at 2022 NSW LC Qualifying Meet
	200	IM	2:17.54	10-Dec-22	THIL	Caleb Yago at 2022-23 NSW Senior State Age Championships
	400	IM	4:56.17	16-Nov-13		Christopher Teleki at SMNW Summer Championships 2013
17-29	50	Free	23.35	21-Nov-12		Luke Herzog at Club Challenge Cup
	100	Free	52.04	8-Dec-12		Luke Herzog at NSW Grand Prix Meet

RECORDS All LC Venues

17-29	200 Free	1:56.13	19-Jan-15		Christopher Teleki at 2015 NSW 13-18 Years State Age Championships
	400 Free	4:09.30	19-Jan-15		Christopher Teleki at NSW 13-18 Years State Age Championships
	800 Free	9:05.33	17-Feb-23	THIL	Callum Thomas at The Hills Club Night Wk16 17/02/23
	1500 Free	17:10.73	22-Nov-14		Christopher Teleki at SMNW Summer Championships 22 Nov 2014
	5000 Free	57:29.00	20-Dec-19		Darcy Andrews at 2019 NSW Open Water Championships
	7500 Free	1:37:46.02	25-Jan-23	THIL	Emmerson Codd at 2023 Australian Open Water Championships
	10000 Free	2:14:59.36	12-Feb-16	NSW	Ryan Wartmann at Australian Open Water Championships
	50 Back	27.11	10-Dec-22	THIL	Callum Thomas at 2022-23 NSW Senior State Age Championships
	100 Back	58.65	10-Dec-22	THIL	Callum Thomas at 2022-23 NSW Senior State Age Championships
	200 Back	2:03.77	10-Mar-23	THIL	Callum Thomas at NSW State Open Championships
	50 Breast	30.30	15-Mar-19		Nicholas Miller at 2019 NSW State Open Championships
	100 Breast	1:04.68	14-Apr-14		Ryan Roche at GHSF Australian Age & MC Championships
	200 Breast	2:19.02	14-Apr-14		Ryan Roche at GHSF Australian Age & MC Championships
	50 Fly	26.54	27-Oct-18		Harley Fisher at SMNW 2018-2019 Senior Summer Championships
	100 Fly	57.93	19-Jan-15		Christopher Teleki at NSW 13-18 Years State Age Championships
	200 Fly	2:12.56	2-Mar-01		Robert Sparshott
	200 IM	2:06.37	7-Apr-23	THIL	Callum Thomas at 2023 Australian Age & MC Age Championships
	400 IM	4:27.43	7-Apr-23	THIL	Callum Thomas at 2023 Australian Age & MC Age Championships
30 & 0	50 Free	29.30	14-Oct-18		Kemton Cline at Ryde Carlile Challenge Cup
	100 Free	1:05.61	16-Mar-18		Kemton Cline at Club Championships
	200 Free	2:30.36	23-Mar-18		Kemton Cline at Club Championships
	400 Free	5:16.71	2-Mar-18		Kemton Cline at The Hills Long Distance Night
	800 Free	11:09.04	8-Mar-19		Kemton Cline at The Hills Long Distance Night
	1500 Free	22:34.29	19-Jan-18		Kemton Cline at The Hills Friday Night
	5000 Free	1:20:38.73	22-Nov-20		Kemton Cline at 2020 MSW Open Water Championsh
	50 Back	35.09	14-Oct-18	THIL	Kemton Cline at Ryde Carlile Challenge Cup
	100 Back	1:17.42	15-Mar-19		Kemton Cline at Club Championships
	200 Back	2:52.08	22-Feb-19		Kemton Cline at The Hills Friday Night
	50 Breast	36.23	4-Nov-17		Kemton Cline at SMNW 2017 Summer Championships
	100 Breast	1:22.21	14-Oct-18		Kemton Cline at Ryde Carlile Challenge Cup
	200 Breast	3:03.15	14-Oct-18		Kemton Cline at Ryde Carlile Challenge Cup
	50 Fly	32.16	15-Mar-19		Kemton Cline at Club Championships
	100 Fly	1:17.12	14-Oct-18		Kemton Cline at Ryde Carlile Challenge Cup
	200 Fly	3:16.03	18-Oct-19		Kemton Cline at The Hills Friday Night
	200 IM	2:47.68	16-Mar-18		Kemton Cline at Club Championships
	400 IM	6:16.19	6-Dec-19		Kemton Cline at The Hills Friday Night